

A Dance for Moms

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Judi Rifa (INA) - December 2024
音乐: Cinta Untuk Mama - Michela Thea



Intro approx. 15 sec.

Tag: 4 counts after wall-2

Sec-1: Walk R-L-R, Recover, Together, Pivot ½ R, Walk L-R

1-2-3 Step RF forward, Step LF forward, Step RF forward
4&5-6 Recover on LF, Together RF beside LF, Step LF forward, Turn ½ R weight on RF (06.00)
7-8 Step LF forward, Step RF forward

Sec-2: Night Club L-R, Step Side, Turn ¼ R Coaster step, Step forward

1-2& Step LF to L side, Cross RF slightly behind LF, Step LF in-place
3-4& Step RF to R side, Cross LF slightly behind RF, Step LF in-place
5 Step LF to L side
6&7 Turn ¼ R Step RF back, Together LF beside RF, Step RF forward (09.00)
8 Step LF forward

Sec-3: Rocking Chair, Together, Pivot ½ R, Walk L-R

1234 Rock RF forward, Recover on LF, Rock RF back, Recover on LF
&5-6 Together RF beside LF, Step LF forward, Turn ½ R weight on RF
7-8 Step LF forward, Step RF forward (03.00)

Sec-4: Cross Rock L-R-L, Chasse Turn ¼ L

1-2& Cross LF over RF, Recover on RF, Step LF to L side
3-4& Cross RF over LF, Recover on LF, Step RF to R side
5-6 Cross LF over RF, Recover on RF
7&8 Step LF to L side, Together RF beside LF, Turn ¼ L Step LF forward (12.00)

Ending: On wall-5 after 18 counts, then pose

Tag (4 counts) :

1234 Step RF to R side with sway, Sway L, Sway R. Sway L

Make your dance fun....

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