

APT (After school)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Eun Hee Yoon (KOR) & In suk Ju (KOR) - December 2024
音乐: APT. - ROSÉ & Bruno Mars



No Tag, No Restart

Sec. 1) Forward Toe Strut R-L, Rocking Chair

1-2 Touch RF toe R forward (1), RF heel drop (2)
3-4 Touch LF toe R forward (3), LF heel drop (4)
5-6 Rock RF forward (5), Recover on LF (6)
7-8 Back RF back (7), Recover on LF(8) (12:00)

Sec. 2) Vine Step, Touch, Vine Step 1/4 L Turn, Brush

1-2 RF to R side (1), LF behind RF (2)
3-4 RF to R side (3), Touch LF next to RF (4)
5-6 LF to L side (5), RF behind LF (6)
7-8 1/4L LF forward (7), Brush RF forward (8) (9:00)

Sec. 3) K- Step

1-2 RF diagonal R forward (1), Touch LF next to RF (2)
3-4 LF diagonal L back (3), Touch RF next to LF (4)
5-6 RF diagonal R back (5), Touch LF next to RF (6)
7-8 LF diagonal L forward (7), Touch RF next to LF (8)

Sec. 4) 1/2L Paddle Turn, Jump Open Foot, Hip Bump (R,L)

1-2 RF forward (1), 1/4L Paddle turn (2) (6:00)
3-4 RF forward (3), 1/4L Paddle turn (4) (3:00)
5-6 Jump to open foot position (5), Hold (6)
7-8 R Hip Bump (7), L Hip Bump weight on left foot (8)
