Am I throwing you off?



拍数: 64

墙数:3

级数: Phrased Intermediate

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音乐: Promiscuous - Nelly Furtado

No restarts or tags Walls: 3 (Wall 12, 9 and 6)

Start In after they say "Didn't think so" (0:03) Sequence: A, A, B, B, A, A, B, B, A, A, B, B, A, A

Part A- 32 counts: (A1): Walk,Walk, R heal grind, R coaster cross, side step 1/4 turn clockwise, step back 1/2 turn clockwise	
1-2	Walk forward R - L
3-4	Grind R heel (Start toe pointing to the L and ending pointing to the R)
5&6	Step back on R, step L to R, step across L with R
7	Step to the side with L and make a 1/4 turn clockwise (3:00)
8	Step back R and make a 1/2 turn clockwise (9:00)
(A2): L shuffle, Side step with a back hitch, Left 1/4 shuffle counter-clockwise, Sweep back,back	
1&2	L shuffle: step forward on L, step R next to L, step forward on L
3-4	Step to the right with your R, take your L foot and kick behind you into a back hitch
5&6	Step to the side on L, step R next to L, step to the side on L but making a 1/4 turn counter- clockwise (12:00)
7	Sweep backwards with your R ending with weight in your R foot
8	Sweep backwards with your L, cross L behind R with weight still being in your R foot
(A3): Behind side cross to the right, Step R with 1/4 counter-clockwise turn with a body roll , L coaster with a 2 step turn counter-clockwise	
1&2	Continue the L sweep into a L behind R, step to the side with R, step across R with L
3	Step to the side with your R and make a 1/4 turn counterclockwise (9:00)
4	Body roll
5&6	Step back on L, step R to L, step forward on L
7-8	Step forward with your R making a 1/2 turn counterclockwise (3:00), step back with your L and make a 1/2 turn counter-clockwise (9:00)
(A4): Rocking chair, Pivot turn Left, L step, 2 step half turn clockwise into a hitch	
1&2	Rock R forward - Recover on L, Rock R backward - Recover on L
3&4	Step with R foot and Pivot 1/2 turn counterclockwise (3:00)
5&6	Step forward with your R, step with your L making a 1/2 turn clockwise (9:00)
7&8	Hitch with your L foot and put weight in left at the end.
(When doing A the second time keep the hitch holding till 8 so you are able to slide left)	
Part B - 32 counts: (starts facing 6:00)	

(B1): Slide Left, R sailor, L sailor with a 1/4 turn CCW, 1/2 hitch turn CCW 1 - 2: Using the foot from the L hitch, Slide to the L with weight ending in your L foot

- 3 & 4 Cross R behind L, step L to side, step R to side
- 5 & 6 Cross L behind R, step R to side making a 1/4 turn CCW, step L to the side next to R (3:00)
- 7 & 8 Step forward R and make a 1/2 turn CCW while your L makes a hitch (9:00)

(B2): Slide back on L, R coaster, Slide step diagonal up to the L, R, L (use your L arm and push it across your body to the R when going to the L and vice verse when going to the R)



- 1 2 Slide back on L foot
- 3 & 4 Step back on R, step L to R, step forward on R
- 5 6 Step forward at a diagonal on L foot, slide R foot next to L (use your L arm and push it across your body to the R)
- 7 & Step forward at a diagonal on R foot, slide L foot next to R (use your R arm and push it across your body to the L)
- 8 & Step forward at a diagonal on L foot, slide R foot next to L (use your L arm and push it across your body to the R)

(B3): Slide R, 1/4 L sailor CCW, 1/2 turn CCW x3, step back with L

- 1 2 Slide to the R
- 3 & 4 Cross L behind R, step R to side making a 1/4 turn CCW, step L to the side next to R (6:00)
- 5 Step forward R and make a 1/2 turn CCW (12:00)
- 6 Step back L and make a 1/2 turn CCW (6:00)
- 7 Step forward R and make a 1/2 turn counterclockwise (12:00)
- 8 Step back with your L

Alternate steps for this 8 count: Slide R, 1/4 L sailor counterclockwise, Walk R,L, 1/2 turn counterclockwise, step back with L

- 1 2 Slide to the R
- 3 & 4 Cross L behind R, step R to side making a 1/4 turn counterclockwise, step L to the side next to R (6:00)
- 5 -6 Walk forward with R than L
- 7 Step forward with R and make a 1/2 turn counterclockwise (12:00)
- 8 Step to the back with L

(B4): R coaster, step L, Step R with a 1/4 turn counterclockwise, 1/2 turn counterclockwise x2

- 1 & 2 Step back on R, step L to R, step forward on R
- 3 4 Step forward L than R but making a 1/4 turn counterclockwise (9:00)
- 5 6 Have weight in your R and make a 1/2 turn counterclockwise (3:00) and end with weight in your L
- 7 8 Have weight in your R and make a 1/2 turn counterclockwise (9:00) and end with weight in your R

(ends facing wall 2 (9:00))

Note: When doing B (32 count) twice through, we will end up back on wall 12:00