

K2C to Be Real

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Hakeemah Shamsuddin-Kirkland (USA) - 2019
音乐: Got To Be Real (feat. Will Smith) - Mary J. Blige : (Album: Shark Tale OST)



[1-8] WALK FORWARD, HIP ROLLS

1-4 Step R Fwd, Step L Fwd, Step R Fwd, Close L to R
5-8 Roll Hip to R over 2 counts, Roll Hip to L over 2 counts

[9-16] WALK BACK, HIP ROLLS

1-4 Step R Back, Step L Back, Step R Back, Close L to R
5-8 Roll Hip to R over 2 counts, Roll Hip to L over 2 counts

[17-24] VINE R, ROLLING VINE L

1-4 Step R to Side, Step L Behind R, Step R To Side, Touch L Beside R
5-8 Turn 1/4 L Step L Fwd, Turn 1/2 L Step R Back, Turn 1/4 L Step L to Side, Touch R Beside L

[25-32] HEEL STRUTS FWD, R SAILOR, L SAILOR 1/4 TURN L

1-4 Touch R Heel Fwd, Step on R, Touch L Heel Fwd, Step on L
5&6 Step R Behind L, Step L to Side, Step R to Side
7&8 Step L Behind R, Turn 1/4 L Step R to Side, Step L to Side

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