

Rhythm in Your Feet

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
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音乐: Mambo in Miami - 2341studios



Intro: 16 - No Tags or restarts

Note: You might want to speed up the music if you have that capability.

I. SWAY: R L R, TOUCH; SWAY: L R L, TOUCH

1-4 Sway hips R side, L side, R side, touch L together

5-8 Sway hips L side, R side, L side, touch R together

Optional; styling: 1-4: Turn body 1/8 left diagonally (10:30). 5-6: Turn body 1/4 right diagonally (1:30). 7-8: Turn body 1/8 left squaring off to 12:00 (prep for Section II.)

II. FORWARD, TOUCH, FORWARD, TOUCH; 1/4 R-TURN JAZZ BOX

1-4 Step R forward, touch L side, step L forward, touch R side

5-8 Step R over, step L back, step R side making 1/4 turn R (3:00), step L together (or slightly forward).

Optional styling for counts 1 & 3: Step over instead of step forward.

III. SIDE, TOGETHER, SIDE, TOGETHER, MAMBO, HOLD

1-4 Step R side, step L together, step R side, step L together

5-6 Rock R side, recover to L

7-8 Step R together, hold

IV. SIDE, TOGETHER, SIDE, TOGETHER, MAMBO, HOLD

1-4 Step L side, step R together, step L side, step R together

5-6 Rock L side, recover to R

7-8 Step L together, hold

REPEAT

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