

Always

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Improver
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音乐: ALWAYS - Forrest Frank



No tag no restart

S1. FORWARD - SIDE - SAILOR STEP - CLOSE - SIDE WITH BODYROLL - CLOSE - SIDE WITH BODYROLL - CLOSE TOUCH

1-2 Step R forward, step L to side
3&4 R cross behind L, step L to side, step R in place
&5-6 L close to R, step R to side with bodyroll (body angle 10.30), L close to R (squirring to 12.00)
7-8 Step R to side with bodyroll (body angle 10.30), L close to R squiring to 12.00 head & snap to Right

S2. ¼TURN - ½TURN - ANCHOR STEP - BACK - CLOSE TOUCH - SWAY (LR)

1-2 ¼ Turn Left step L forward, ½ turn Left step R back
3&4 Step L back, recover on R, recover on L
5-6 Step R back, L touch beside R
7-8 Step L to side hips sway (L-R)

S3. BEHIND - ¼ TURN R - FORWARD ROCK - CLOSE - BACK - TOUCH FORWARD - PUSH HIP RECOVER

1-2 Step L cross behind R, ¼ turn right step R forward
3-4 Step L forward, recover on R with body roll
&5-6 Step L close beside R, step R back, touch L forward
7-8 L heel drop with hips bump, recover on R

S4. CLOSE - SIDE POINT - HOLD - CLOSE - SIDE POINT - CLOSE - HITCH - JAZZBOX TURN

&1-2 Step L beside R, R point to side, hold
&3&4 Step R beside L, L point to side, step L beside R, R knee up
5-6 Step R cross over L, ¼ turn right step L back
7-8 Step R to side, step L forward

Enjoy the dance!!

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