

# Moving On Up

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Moving On Up - M People



Intro Music. 16 Count

\*1 Restart

Intro : Do the intro 2x

**Section 1. Walk forward and backward, Touch**

1 - 4            Walk R,L,R (1-3) touch L next to R (4)  
5 - 8            Walk back L,R,L (5-7) touch R next to L (8)

**Section 2. Grapevine R,L**

1 - 4            Step R to side (1) cross L behind R (2) step R to side (3) touch L next to R (4)  
5 - 8            Step L to side (5) cross R behind L (6) step L to side (7) touch R next to L (8)

**Main Dance**

**Section 1. Step Right, Behind Side Cross, Step Left, Behind Side Cross**

1 - 2            Step R to side (1) recover L (2)  
3 & 4            Cross R behind L (3) step L to side (&) cross R over L (4)  
5 - 6            Step L to side (5) recover R (6)  
7 & 8            Cross L behind R (7) step R to side (&) cross L over R (8)

**Section 2. Rock Forward R,L, Coaster Step R,L**

1 - 2            Step R forward (1) recover L (2)  
3 & 4            Step R back (3) step L next to side (&) step R forward (4)  
5 - 6            Step L forward (5) recover R (6)  
7 & 8            Step L back (7) step R next to side (&) step L forward (8)

(Style is optional : play your shoulder during count 1-2 and 5-6)

Restart here at wall 3

**Section 3. Mambo R-L, Touch Side with Finger Pointing to R**

1 & 2            Step R to side (1) recover L (&) step R next to L (2)  
3 & 4            Step L to side (3) recover R (&) step L next to R (4)  
5 - 8            Touch R next to L while R fingers are pointing and move it to R side (5-8)  
(Optional Style: during count 1 - 4 you can play your hands by covering your faces and open it up)

**Section 4. Step to side R-L, Touch R, Quarter R and Touch**

1 - 4            Step R to side (1) touch L behind R (2) step L to side (3) touch R behind L (4)  
5 - 8            Step R to side (5) touch L next to R (6) 1/4 turn R, step L to side (7) touch R next to L (8)

Enjoy the dance!

For more information, please kindly contact me at; [roshetkoanna@gmail.com](mailto:roshetkoanna@gmail.com)

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