Christmas Feeling



编舞者: Wendy Haggerty (USA) - December 2024

音乐: Christmas Feeling - The Merrymen



Start on 8 counts

TRIPLE FORWARD with HIPS

1&2	Step RF fwd on R diagonal, Step LF beside RF, Step RF fwd on R diagonal
3&4	Step LF fwd on L diagonal, Step RF beside LF, Step LF fwd on L diagonal
5&6	Step RF fwd on R diagonal, Step LF beside RF, Step RF fwd on R diagonal
7&8	Step LF fwd on L diagonal, Step RF beside LF, Step LF fwd on L diagonal

styling: as moving R put R hand up in air and L hand on L hip, as moving L put L hand up in air and R hand on R hip

ROCKING CHAIR x2 with HIPS

1,2	Step RF fwd and push R hip fwd, recover weight to LF
3,4	Step RF back and push R hip back, recover weight to LF
5,6	Step RF fwd and push R hip fwd, recover weight to LF
7,8	Step RF back and push R hip back, recover weight to LF

CROSSING MAMBOs

1&2	Step RF across LF, recover to LF, Step RF to R side
3&4	Step LF across RF, recover to RF, Step LF to L side
5&6	Step RF across LF, recover to LF, Step RF to R side
7&8	Step LF across RF, recover to RF, Step LF to L side

PADDLE 1/2 TURN TO LEFT

1, 2	Step RF fwd, make 1/8 turn L and put weight to LF
3, 4	Step RF fwd, make 1/8 turn L and put weight to LF
5, 6	Step RF fwd, make 1/8 turn L and put weight to LF
7, 8	Step RF fwd, make 1/8 turn L and put weight to LF

styling: roll hips while paddling, put hands in air, shimmy shoulders, make it fun

Enjoy and spice it up!

Contact choreographer: Whaggerty2016@gmail.com/www.DanceWithWendy.com