

Let's go to Mars Bachata

拍数: 48 墙数: 4 级数: Beginner
编舞者: Valeska Brodek (USA) - December 2024
音乐: Vamos a Marte (feat. Luis Fonsi) - Helene Fischer
或: Feliz Navidad Bachata - Tu Valentino



Basic Bachata right, step in place (optional arm styling)

1-4 Basic bachata to the right: Step RF to right, step LF next to right, step RF right, touch LF next to right (hip bump)

Optional Arm styling: raise right arm

5-8 Step in place: Step onto LF, touch RF, (hip bump), step onto RF, touch LF (hip bump)

Optional Arm styling: lower right arm

Basic Bachata left, step in place (optional arm styling)

1-4 Basic bachata to the left: Step LF to left, step RF next to left, step LF left, touch RF next to left (hip bump)

Optional Arm styling: raise left arm

5-8 Step in place: Step onto RF, touch LF, (hip bump), step onto LF, touch RF (hip bump)

Optional Arm styling: lower left arm

Basic Bachata right, turning Bachata left

1-4 Basic bachata to the right: Step RF to right, step LF next to right, step RF right, touch LF next to right (hip bump)

Optional Arm styling: raise both arms

5-8 Basic turning bachata to the left: Step LF with ½ turn, step RF next to left (facing opposite wall), step LF left with ½ turn back, touch RF next to left (hip bump)

Optional Arm styling: Keep arms overhead

Side hip bump touches with a quarter turn

1-2 Step right to side with hip bump, touch left

3-4 Step left to side with hip bump, touch right

5-6 Step right ¼ turn to side with hip bump, touch left

7-8 Step left to side with hip bump, touch right

Optional

Arm styling: Lower arms

Toe points, heel flick, basic bachata to right

1 Point right toes to side

2 Point right toes crossing in front of left

3 Point right toes to side again

4 Flick right heel behind left leg

5-8 Basic bachata to the right: Step RF to right, step LF next to right, step RF right, touch LF next to right (hip bump)

Toe points, heel flick, basic bachata to left

1 Point left toes to side

2 Point left toes crossing in front of right

3 Point left toes to side again

4 Flick left heel behind right leg

5-8 Basic bachata to the left: Step LF to left, step RF next to left, step LF left, touch RF next to left (hip bump)

Tag (at wall 8 – 2.44 mins) Step right out to the side, hip roll to right, hip roll to left, slide RF in, draw circle with RF (16 counts)

Pose at end
