The One to Do It



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音乐: You're Just the One to Do It - Cliff Richard



TOE FANS (2xR, 2xL)

1 – 4 turn toes on R foot to the right, turn back to center, repeat

5-8 do the same with L foot

WALK FORWARD, KICK, WALK BACK, TOUCH

1 – 4 walk fwd RLR, kick L fwd

5 – 8 walk bwd LRL, touch R next to L

K STEP WITH CLAP

1 – 4 step R diagonally fwd, touch L next to R with a clap, step L diagonally back, touch R next to L

with a clap

5 – 8 step R diagonally back, touch L next to R with a clap, step L diagonally fwd, touch R next to L

with a clap

PADDLE TURN 1/8 (x2), JAZZBOX

1 – 4 touch R foot to R side, turn 1/8 L (weight on L foot) repeat

5 – 8 cross R foot over L, step back on L, step R to R side, step L next to R

Start all over again

If the dancers think the music is too fast when learning, chose some other music instead of pitching down.