

Así soy yo !

COPPERKNOB
BY SHEETS

拍数: 48 墙数: 4 级数: Phrased Beginner
编舞者: Cata Iglesias (ES) - December 2024
音乐: Así Yo Soy - Olga Tañón



Hoja redactada por Marita Torres

Sequence: A-BB-AAA-BB-AA

PART A: 32c

TOE TOUCH RIGHT & LEFT FORWARD, MAMBO RIGHT, TOE TOUCH LEFT & RIGHT, MAMBO LEFT

1&2& RF toe forward, RF next to LF, LF toe forward, LF next to RF
3&4 RF rock side right, recover to LF, RF next to RF
5&6 LF toe forward, LF next to RF, RF toe forward, RF next to LF
7&8 LF rock side left, recover to RF, LF next to RF

BASIC SAMBA X 2, VOLTA FULL TURN RIGHT

1&2 RF side right, LF rock behind RF, recover to RF
3&4 LF to side left, RF rock behind LF, recover to LF
5& RF forward ¼ right, LF next to RF
6& RF forward ¼ right, LF next to RF
7& RF forward ¼ right, LF next to RF
8 RF forward ¼ right (12:00)

BASIC SAMBA X 2, VOLTA FULL TURN LEFT

1&2 LF side left, RF rock behind LF, recover to LF
3&4 RF side right, LF rock behind RF, recover to RF
5& LF forward ¼ left, RF next to LF
6& LF forward ¼ left, RF next to RF
7& LF forward ¼ left, RF next to RF
8 LF forward ¼ left (12:00)

ROCK SIDE CROSS RIGHT AND LEFT, JAZZBOX ¼ RIGHT

1&2 RF rock to right, recover to LF, RF cross over LF
3&4 LF rock to left, recover to RF, LF cross over RF
5-6 RF cross over LF, LF back
7-8 ¼ turn right RF forward, LF forward

PART B: 16c

CHASSE RIGHT & LEFT X 2

1&2& RF to right, LF next to RF, RF to right, LF touch next to RF
3&4& LF to left, RF next to LF, LF to left, RF touch next to LF
5&6& RF to right, LF next to RF, RF to right, LF touch next to RF
7&8& LF to left, RF next to LF, LF to left, LF touch next to RF

(arms: in chasses push arms forward)

STEP TURN-SHUFFLE X 2

12 RF forward, ½ turn left
3&4 RF forward, LF next to RF, RF forward
5-6 LF forward, ½ turn right
7&8 LF forward, RF next to LF, LF forward

Last Update: 12 Dec 2024 - R2

