

My AB Sunshine

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Becky Hawthorne (USA) - December 2024
音乐: You Are My Sunshine - Adam Holmes



Intro: 32 counts. Dance starts on the word "night".

No tags, no restarts

Section 1: FWD, TOGETHER, BACK ROCK, FWD, TOGETHER, BACK ROCK

1, 2 Step RF forward, Step LF next to RF
3, 4 Rock back onto RF, Recover weight forward on LF
5, 6 Step RF forward, Step LF next to RF
7, 8 Rock back onto RF, Recover weight forward on LF

Optional styling counts 3 and 7: As weight lands back on the RF, lift LF for a low kick

Section 2: SIDE, TOGETHER, BOUNCE HEELS, SIDE, TOGETHER, BOUNCE HEELS

1, 2 Step RF to R side, Step LF next to RF
3, 4 Bounce on both heels two times
5, 6 Step LF to L side, Step RF next to LF
7, 8 Bounce on both heels two times

Section 3: BACK, TOGETHER, HEEL, TOGETHER, BACK, TOGETHER, HEEL, TOGETHER

1, 2 Step RF back, Step LF next to RF
3, 4 Touch R heel fwd, Step RF next to LF (Opt. styling count 3: Turn head and upper body to R)
5, 6 Step LF back, Step RF next to LF
7, 8 Touch L heel fwd, Step LF next to RF (Opt. styling count 7: Turn head and upper body to L)

Section 4: VINE WITH 1/4 TURN, SIDE, TOUCH, SIDE, TOUCH

1, 2 Step RF to R side, Step LF behind R
3, 4 1/4 Step RF forward (3:00), Step LF next to RF
5, 6 Step RF to R side, Touch LF next to RF
7, 8 Step LF to L side, Touch RF next to LF

Becky Hawthorne: beckyhawthornetx@gmail.com