

The Way You Do Reggae

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Peggy Robinson (USA) - December 2024
音乐: The Way You Do the Things You Do - UB40



Dance begins on the word "Bright"

*1 Tag, 2 Restarts

SIDE, TOGETHER, FWD, SIDE, TOGETHER FWD, VINE, SCISSOR

1&2,3&4 Step R side (1), step L next to R (&), step R fwd (2), step L side (3), step R next to L (&), step L fwd (4)

5&6&7&8 Step R side (5), cross L behind (&), step R side (6), step L cross frt (&), step R side (7), close L next to R (&), step R cross frt (8)

SIDE, TOGETHER, BACK, SIDE, TOGETHER, BACK, VINE, ROCK SIDE, RECOVER ¼ R, STEP L

1&2,3&4 Step L side (1), step R next to L (&), step L back (2), step R side (3), step R next to L (&), step back on R (4)

5&6&7&8 Step L side (5), cross R behind (&), step L side (6), step R cross frt (&) rock L side (7), recover ¼ R (&), step L fwd (8) [3:00]

*TAG and RESTART here on Wall 3 facing 9:00

ROCKING CHAIR, 1/8 PIVOT TURNS X2, SKATE, SKATE, DOUBLE SKATE

1&2&3&4& Rock fwd R (1), recover (&), rock back R (2), recover (&), step fwd R (3), pivot 1/8 L (&), step fwd R (4), touch L next to R with 1/8 turn L (&) [12:00]

5,6,7&8 Skate L (5), skate R (6), double skate L (7&8)

ROCKING CHAIR, 1/8 PIVOT TURNS X2, SKATE, SKATE, PIVOT 1/2

1&2&3&4& Rock fwd R (1), recover (&), rock back R (2), recover (&), step fwd L (3), pivot 1/8 L (&), step fwd R (4), touch L next to R with 1/8 turn L (&) [9:00]

5,6,7&8 Skate L (5), skate R (6), step L fwd (7), pivot ½ turn R (&), step L fwd (8) [3:00]

**RESTART – Wall 4 facing 12:00

SIDE, TOGETHER, MAMBO SIDE W/CROSS, MAMBO ½ TURN, TRIPLE TURN

1,2,3&4 Step R side (1), step L next to R (2), rock R side (3), recover (&), step R cross frt (4)

5&6,7&8 Rock L fwd (5), recover (&), ½ turn L (6) [9:00], step R ¼ turn L (7), step L next ¼ turn L (&), step back on R (8) [3:00]

SIDE, TOGETHER, MAMBO SIDE W/CROSS, STEP, HITCH, STEP, HITCH, SWAY R, L

1,2,3&4 Step L side (1), step R next to L (2), rock L side (3), recover (&), step L cross frt (4)

5&6&7,8 Step R making ¼ turn L (5), hitch L(&) [12:00], step L making ¼ turn L (6) [9:00], hitch R (&), step R side w/sway (7), sway L (8) [9:00]

*TAG after 16 counts of Wall 3, then restart facing 9:00

1,2,3,4 Sway R,L,R,L

**RESTART – facing 12:00

Wall 4 after 32 counts