

# Een Shot

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Janine Kilian (SA) - December 2024  
音乐: Een Shot - Willem Botha : (Album : Een Shot)



INTRO : 32 counts

**\*\*2 RESTARTS - ACW rotation**

**Section 1 (1 – 8) Rock R forward, Recover L, R Coaster step, Side rock L to left side, Recover R, Cross Shuffle L over R**

**“Optional Styling : On Count 1, point R arm up”**

1 - 2                      Rock Step R forward (1), Recover on L (2)  
3 & 4                      Right Coaster step : Step R back (3), Step L next to R (&), Step R forward (4)  
5 - 6                      Side Rock L to left side (5), Recover on R (6),  
7 & 8                      Cross Shuffle L over R : Cross L over R in front (7), Step R to right side (&), Cross L over R  
in front (8) (Facing 12h)

**\*\*2nd Restart here on Wall 10 after 8 counts facing 3h.**

**Section 2 (9 – 16) Cross R over L in front, ¼ right stepping back on L, Side chasse to the right, rock L behind R & recover R, Step L to left side, Touch R next to L**

1 - 2                      Cross R over L in front (1), ¼ turn right by stepping back on L (2)  
3 & 4                      Side Chasse to the right : Step R to right side (3), Step L next to R (&), Step R to right side  
(4)  
5 - 6                      Rock L behind R (5), Recover on R (6)  
7 – 8                      Step L to left side (7), Touch R next to L (8) (Facing 3h)

**\*1st Restart here on Wall 5 after 16 counts facing 3h.**

**Section 3 (17 – 24) Right Shuffle back (R, L, R), Step L back & touch R forward, Right Shuffle back (R, L, R), ¼ turn left & step L to left side, point R to right side,**

1 & 2                      Right Shuffle back (R, L, R) : Step R back (1), Step L next to R (&), Step R back (2)  
3 - 4                      Step L back (3) & touch R forward (4) (Facing 3h)  
5 & 6                      Right Shuffle back (R, L, R) : Step R back (5), Step L next to R (&), Step R back (6)  
7 - 8                      ¼ turn Left & Step L to left side (7), Point R to right side (8) (Facing 12h)

**Section 4 (25 – 32) Rolling Vine to the Right with a touch (OR Grapevine to the right with a touch for an easier option), Step L to left side, Step R next to L, ¼ turn left & step L forward, touch R next to L**

1 – 4                      Rolling vine to the right : ¼ turn right & step R forward (1), ½ turn right by stepping back on  
the L (2), ¼ turn right & step R to the right side (3), Touch L next to R (Facing 12h)  
5 - 6                      Step L to left side (5), Step R next to L (6),  
7 - 8                      ¼ turn left & step L forward (7), Touch R next to L (8) (Facing 9h)

**RESTART 1 : Start Wall 5 (at 12h), Restart after 16 Counts (now facing 3h)**

**RESTART 2 : Start Wall 10 (at 3h), Restart after 8 Counts (facing 3h)**

**ENJOY!!**

**Date Issued : 8 December 2024**