

Good Hearted Woman

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: René Debril (FR) - December 2024
音乐: Good Hearted Woman - West



Intro : 16 Counts – No Tag – No Restart

S1 SIDE ROCK, CROSS SHUFFLE, STEP ¼ TURN R, CROSS SHUFFLE

1-2 RF to the R, Recover on LF
3&4 Cross RF over LF, LF to the L, Cross RF over LF
5-6 LF Fwd, ¼ Turn R (Weight on RF) 3:00
7&8 Cross LF over RF, RF to the R, Cross LF over RF

S2 POINT SWITCHES, HEEL SWITCHES, KICK BALL STEP X 2

1&2 R Point to the R, Together, L Point to the L
& Together
3&4 R Heel Fwd, Together, L Heel Fwd
& Together
5&6 Kick RF Fwd, Together, LF Fwd
7&8 Kick RF Fwd, Together, LF Fwd

S3 ROCK STEP, TRIPLE FULL TURN * , CROSS , SIDE, BEHIND -SIDE - CROSS

1-2 RF Fwd, Recover on LF
3&4 Triple step in Full Turn R (R-L-R) * (Easy Option : Coaster Step)
5-6 Cross LF over RF, RF to the R
7&8 Cross LF Behind RF, RF to the R, Cross LF over RF

S4 SIDE ROCK, CROSS SHUFFLE, HINGE ½ TURN R, CROSS SHUFFLE

1-2 RF to the R, Recover on LF
3&4 Cross RF over LF, LF to the L, Cross RF over LF
5-6 ¼ Turn R – LF Back, ¼ Turn R – RF to the R 9:00
7&8 Cross LF over RF, RF to the R, Cross LF over RF

Written especially for the 15th anniversary of the American Dream on 11/30/2024

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