TNTechno

拍数: 32

级数: Intermediate - Novelty

编舞者: Adam Åstmar (SWE) - July 2024

音乐: T.N.T. (Techno Remix) - Nic Johnston : (iTunes)

Intro: 32 counts from start of the guitar melody and the "oy's", 48 counts from start of track, approx. 21 seconds.

Info: Tags occur after wall 2 and 6 facing 6:00.

Sect – 1: Diagonal Stomps R. L. Scuff. Side. Cross-Side Rock. Cross. Side.

- 1 2 Stomp to R diagonal on RF (1). Stomp to L diagonal on LF (2).
- 3 4 Scuff RF next to LF (3). Step to R on RF (4).
- 5&6 Cross LF over RF (5). Rock to R on RF (&). Recover on LF (6).
- 7 8 Cross RF over LF (7). Step to L on LF (8).

Sect - 2: 2x Diagonal Back, Hitch. ¼ Slide. Ball, Cross. ¼ Turn.

- 1 2 Step back to R diagonal (1). Hitch L knee slightly (2).
- 3 4Step back to L diagonal (3). Hitch R knee slightly (4).
- 5 6 &Turn ¼ R take a big step to R on RF, drag LF towards RF (5). [3:00] Finish dragging LF towards RF (6). Ball step LF next to RF (&).
- 7 8 Cross RF over LF (7). Turn ¼ R step back on LF (8). [6:00]

Sect – 3: ¼ Turn Stomp Side. Hold. Push Body L, R. Jump Back Kick. Step with Flick. Walk Fwd L, R.

- 1 2Turn ¼ R stomping to R on RF (1). Hold (2). [9:00]
- 3 4 Push body to L side place weight on LF (3). Push body to R side place weight on RF (4).
- 5 6Jump back on LF kick forward with RF (5). Step forward on RF flick LF back (6).
- 7 8 Step forward on LF (7). Step forward on RF (8).

Sect – 4: Jump Forward. Hold. R Kick Out-Out with Hand Movement. Body Circle R to L with Hand Movement.

- 1 2Jump forward landing with both feet together and place weight on LF (1). Hold (2).
- 3&4 Kick forward with RF (3). Step to R on RF (&). Step to L on LF, form both hands to fists, bring them to chest height placing R hand in front of L hand and elbows down (4).
- 5 6 Lean to R place weight on RF, open up hands with fingers pointing up and bring hands out to sides as if they explode (5). Bend both knees transferring weight to LF, keep hands out to sides (6).
- 7 8 Straighten knees and drag RF towards LF, drop hands (7). Finish dragging RF towards LF (8).

Tag: Fwd. Together. Hit The Drum (Hand Movements).

- 1 2Step forward on RF (1). Close LF next to RF (2).
- 3 4 Imagine holding drum sticks hitting a drum in front of you. Hit the drum with R hand (3), L hand (4).

Have fun!





墙数:4