

# Ayo Dolan Nang Kab Semarang (ADNKS)

**COPPER**KNOB  
STEPSHEETS

拍数: 56                      墙数: 4                      级数: High Beginner  
编舞者: Budiyono (INA) & Gemi Suharyati (INA) - October 2024  
音乐: Ayo Dolan Nang Kabupaten Semarang - Wiwid, Anis (Dinas Pariwisata Kab Semarang)



Start on vocal - No Tag,  
Restart on wall 5 after 24 counts

## I: SYNCOPATED ROCKING CHAIR, SIDE VOLTA (R)

1&2&                      Rock Rf Forward, Recover onto Lf, Rock Rf back, recover onto Lf  
3&4                        Rock Rf Forward, Recover onto Lf, Rock Rf back  
5&6&                      Step Rf to right side, Step Lf beside Rf, Step Rf to right side, Step Lf beside Rf  
7&8                        Step Rf to right side, Step Lf beside Rf, Step Rf to right side

## II: REVERSE

## III: CROSS ROCK RECOVER SIDE (R-L), HEEL-TOE-HEEL-BESIDE (R-L)

1&2                        Cross rock Rf over Lf, recover weight onto Lf, step Rf to right  
3&4                        Cross rock Lf over Rf, recover weight onto Rf, step Lf to left  
5&6&                      Touch R heel forward diagonal R, touch R toe beside Lf, touch R heel forward diagonal R, next RF beside Lf  
7&8&                      Touch L heel forward diagonal L, touch L toe beside Rf, touch L heel forward diagonal L, next LF beside Rf

## IV: WALK FORWARD DIAGONALLY (R-L)

1,2                        Step Rf forward diagonal R, Step Lf next to Rf  
3,4                        Step Rf forward diagonal R, Touch Lf beside Rf  
5,6                        Step Lf forward diagonal L, Step Rf next to Lf  
7,8                        Step Lf forward diagonal L, Touch Rf beside Lf

## V: BACKWARD DAGONALLY (R), BACKWARD DAGONALLY (L), TWICE

1,2                        Step Rf back diagonal R, Touch Lf beside Rf  
3,4                        Step Lf back diagonal L, Touch Rf beside Lf  
5,6                        Step Rf back diagonal R, Touch Lf beside Rf  
7,8                        Step Lf back diagonal L, Touch Rf beside Lf

## VI: K Step

1,2                        Step Rf forward diagonal R, Touch Lf beside Rf  
3,4                        Step Lf back diagonal L, Touch Rf beside Lf  
5,6                        Step Rf back diagonal R, Touch Lf beside Rf  
7,8                        Step Lf forward diagonal L, Touch Rf beside Lf

## VII: FORWARD, TOGETHER, ¼ TURN R SIDE, TOUCH, ¼ TURN L FORWARD, TOGETHER, ¼ TURN L SIDE, TOUCH

1.2                        Step Rf forward, Step Lf next to Rf  
3,4                        ¼ Turn R Step Rf to right side, Touch Lf beside Rf  
5,6                        ¼ Turn L Step Lf forward, Step Rf next to Lf  
7,8                        ¼ Turn L Step Lf to left side, Touch Rf beside Lf

Enjoy the dance

[gemi2566@gmail.com](mailto:gemi2566@gmail.com)

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