

HoDown

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4 级数: Beginner
编舞者: Sher McIntosh (CAN) - December 2024
音乐: HoDown - Sicily Rose



No Tag No Restart

Section 1: R Side Rock, L Recover, R Step down at centre, repeat from beginning alternating sides:RLRL

1, 2& R Side Rock, L recover, R step at centre
3, 4& L Side Rock, R recover, L step a centre
5, 6& R Side Rock, L recover, R step at centre
7, 8& L Side Rock, recover, L step a centre (there is a bit of a swing and a hop on these steps)

Section 2: R Heel fwd, Step back (4X alternate heels RLRL), R Step forward and 1/ 4 turn L, Hip Bumps RL

1&2& R heel forward, R step back, L heel forward, L step back
3&4& R heel forward, R step, L heel forward, L step
5, 6 R step forward and step 1/ 4 turn left stepping on L foot
7, 8 R Hip Bump, L Hip Bump

Please see the stepsheet I've Been Bad Santa, for a Christmas version of the dance with Teach/Demos.
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