

# Am I Ok?

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
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音乐: Am I Okay? - Megan Moroney



Intro: Start On Lyrics

Restart: Wall 5 after 16 counts, see note below

## [1-8] R KICK BALL CHANGE, CHASSE R, ¼ SAILOR TURN L, WALK WALK

1&2      Kick R Fwd., Step On R, Step On L  
3&4      Step R To Side, Step L Next To R, Step R To Side  
5&6      Step L Behind R Turning ¼ L, Step R To Side, Step L In Place  
7-8      Walk R, Walk L

## [9-16] OUT, OUT, IN, IN, WALK BACK R & L, ¼ SAILOR TURN R, STEP L ACROSS, STEP R SIDE

&1&2      Step R To Side, Step L To Side, Step R In, Step L In  
3-4      Walk Back R, Walk Back L  
5&6      Step R Behind L Turning ¼ R, Step L To Side, Step R In Place  
7-8      Step L Across R, Step R To Side (restart here on wall 5, see note below)

## [17-24] ROCK BACK L, ¾ TURN R, SHUFFLE FWD, ROCK R FWD, RECOVER L

1-2      Rock L Back, Recover R  
3-4      Step L Back Turning ¼ R, Step R Fwd Turning ½ R  
5&6      Step L Fwd, Step R Next To L, Step L Fwd  
7-8      Rock R Fwd, Recover L

## [25-32] BACK POINT, BACK POINT, R BEHIND L, ¼ TURN L WALK, WALK WALK

1-2      Step Back R, Point L To Side  
3-4      Step Back L, Point R To Side  
5-6      Step R Behind L, Step L To Side Turning ¼ L  
7-8      Step R Fwd, Step L Fwd

Restart on Wall 5 after 16 counts, do the following: -

7-8      Step L across R, touch R next to L, start again!

Just DANCE

Last Update: 3 Dec 2024