

Be Like Me

拍数: 32 墙数: 4 级数: Beginner
编舞者: Michelle Wright (USA) - December 2024
音乐: When I Grow Up - Flo Rida



Dance starts after 32 counts
NO TAGS or RESTARTS

Section 1: R&L diagonal step, together w/ Knee pops

1,2 Step R into R forward diagonal, Step L next to R
3,4 Pop both knees forward by bending knees and lifting heels x2 (Weight on R)
5,6 Step L into L forward diagonal. Step R next to L
7,8 Pop both knees forward by bending knees and lifting heels x2 (Weight on L)

Styling option for wall 2: Put both hands up and have them go up and down with your knee pops
aka Raise the roof to the same side you step with.

Section 2: R Grapevine, Side, Behind w/ knee pop, ¼ chasse

1,2 Step R to R side, Cross L behind R
3,4 Step R to R side, Touch L next to R
5,6 Step L to L side, Cross R behind L as you pop L knee
7&8 Step L to L side, Step R next to L, ¼ turn L stepping L forward (9:00)

Section 3: ½ camel walk, R&L side mambo

1,2 ⅛ turn L stepping R forward and pop L knee, ⅛ turn L stepping L forward and pop R Knee
(6:00)
3,4 ⅛ turn L stepping R forward and pop L knee, ⅛ turn L stepping L forward and pop R Knee
(3:00)
5&6 Rock R to R side, Recover on L, Step R next to L
7&8 Rock L to L side, Recover on R, Step L next to R

Camel walk can be replaced with a half walk

Section 4: ½ camel walk, Jazz box

1,2 ⅛ turn L stepping R forward and pop L knee, ⅛ turn L stepping L forward and pop R Knee
(12:00)
3,4 ⅛ turn L stepping R forward and pop L knee, ⅛ turn L stepping L forward and pop R Knee
(9:00)
5,6 Cross R over L, Step L back
7,8 Step R to R side, Step L slightly forward

Styling option on walls 3,7,8& 9: Change camel walk to a ½ run with running arms

Camel walk can be replaced with a half walk

Last wall is wall 9: To end facing 12:00 Change jazz box to a ¼ jazz box then step R to R side on final beat of
song and strike your best sassy pose!

5,6,7,8 Cross R over L, Step L back, ¼ turn R Stepping R to R side, Step L slightly forward

End of dance! Feel free to add extras in to add more fun!

Any questions email: Michellelinedance@gmail.com

Last Update: 18 Dec 2024