

That Old Time Rock 'n' Roll

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Larry Brancheau (USA) - December 2024
音乐: Old Time Rock & Roll - Bob Seger & The Silver Bullet Band



Side Rock, Recover, Behind, Side, Cross 2x

1-2 Rock R side, recover L
3&4 Step R behind, step L side, cross R over
5-6 Rock L side, recover R
7&8 Step L behind, step R side, cross L over

Walk, Walk, Shuffle, Rock, Recover, Shuffle

1-2 Walk forward RL
3&4 Step R forward, slide L to R, step R forward
5-6 Rock L forward, recover R
7&8 Step L back, slide R to L, step L back

Kick-Ball-Change 2x, Open Jazz Box

1&2 Kick R, step R on ball, step L back
3&4 Kick R, step R on ball, step L back
5-8 Step R in front of L, recover L, step R side, cross R over

Lindy, ¼ Turn, ¼ Turn, Cross Shuffle

1&2 Step R side, step L together, step R side
3-4 Step L behind, recover R
5-6 ¼ turn right, step L, ¼ turn right, step R
7&8 Cross L over, step R side, cross L over

Repeat

You can change this to a 1 Wall dance, should you prefer,
by changing the final four counts to a 2nd Lindy.

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