Long Way Home



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Maggie Gallagher (UK) - November 2024

音乐: Long Way Home - Jamie Miller



Intro: 16 counts (8 secs approx).

1-2 Rock forward on right, Recover on left
3-4 Rock back on right, Recover on left
5-6 Rock forward on right, Recover on left

7&8 ½ right stepping right to right side, Step left next to right, ¼ right stepping forward on right

[6:00]

S2: 1/2 SHUFFLE, R COASTER, WALK, 1/2, L COASTER

1&2 1/4 right stepping left to left side, Step right next to left, 1/4 right stepping back on left [12:00]

Step back on right, Step left next to right, Step forward on right
 Walk forward on left, ½ left stepping back on right [6:00]
 Step back on left, Step right next to left, Step forward on left

S3: R DOROTHY, L DOROTHY, CROSS, BACK, 1/4, CROSS, SIDE

1-2& Step forward on right to right diagonal, Lock left behind right, Step forward on right
 3-4& Step forward on left to left diagonal, Lock right behind left, Step forward on left

5-6 Cross right over left, Step back on left

&7-8 ¼ right stepping right to right side, Cross left over right, Step right to right side [9:00]

S4: L SAILOR, R SAILOR, TOUCH, UNWIND, 1/4 SIDE ROCK, RECOVER

Cross left behind right, Step right to right side, Step left to left side
Cross right behind left, Step left to left side, Step right to right side
Choreographer's note – move slightly forward on counts 1&2, 3&4 (sailor steps)

5-6 Touch left toe behind right, Unwind ½ left (weight ending on left) [3:00]

7-8 ¼ left rocking right to right side, Recover on left [12:00]

S5: TOUCH, POINT, HEEL & HEEL, & HEEL CLAP CLAP, & CROSS ROCK, RECOVER

1-2 Touch right next to left, Point right to right side

3&4 Touch right heel forward, Step right next to left, Touch left heel forward

&5&6 Step left next to right, Touch right heel forward, Clap, Clap

&7-8 Step right next to left, Cross rock left over right, Recover on right

S6: L CHASSE, CROSS ROCK, RECOVER, 14, 12, 12, STOMP

Step left to left side, Step right next to left, Step left to left side,

3-4 Cross rock right over left, Recover on left

5-6 ½ right stepping forward on right, ½ right stepping back on left [9:00]

7-8 ½ right stepping forward on right, Stomp forward on left [3:00]

S7: SIDE, DRAG, BEHIND SIDE CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

1-2 Long step on right to right side, drag left to meet right

3&4 Cross left behind right, Step right to right side, Cross left over right

5-6 Rock right to right side, Recover on left

7&8 Cross right behind left, Step left to left side, Cross right over left angling body to [1:30]

S8: ROCK, RECOVER, % COASTER, WALK, WALK, KICK BALL STEP

1-2 Rock forward on left to [1:30], Recover on right

3&4	Step back on left, % right stepping slightly forward on right, Step forward on left [6:00]
5-6	Walk forward on right, Walk forward on left
7-8	Kick right forward, Step right next to left, Step slightly forward on left [6:00]

ENDING: Dance 32 counts of Wall 6, then turn ½ left stepping right to right side to finish facing [12:00]

Thank you to Rory Ryan for suggesting this track.

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