Can You Hear Them? Ez



拍数: 42 编数: 4 级数: Newcommer / Intermediate

编舞者: Anna Nordh (SWE) - December 2024 音乐: Heroes are Calling - Smash Into Pieces



section 1 - point right foot forward, point right foot to right side, right sailorstep

point RF forward
point RF to right
RF behind left
touch LF to left side

point left foot forward, point left foot to left side, left sailorstep

point LF forward
point LF to left
LF behind RF

a touch RF to right side

4 LF to left side

section 2 - right dorethy step, left dorothy step with touch, right mambo forward, ½ chasse turn over right shoulder.

RF forward 1 2 LF behind RF RF forward а 3 LF forward 4 RF behind LF LF forward а 5 RF forward 6 rock back on LF

7 turn ½ over right shoulder

a LF behind RF 8 RF forward

Section 3 - point left foot forward, point left foot to left side, left sailorstep

point LF forward
 point LF to left
 LF behind RF

a touch RF to right side

4 LF to left side

point right foot forward, point right foot to right side, right sailorstep

point RF forward
point RF to right
RF behind left
touch LF to left side
RF to right side

secction 4 - left dorethy step, right dorothy step with touch,left mambo forward, ½ chasse turn over left shoulder

1	LF forward
2	RF behind LF
а	LF forward
3	RF forward
4	LF behind RF

a LF forward
5 LF forward
6 rock back on RF
7 turn ½ over left shoulder
a RF behind LF
8 LF forward

section 5 - chasse turn ½ over right shoulder, chasse turn ½ over left shoulder, out RL, holdx2

½ turn over right shoulder RF 1 2 touch LF in front of RF walk back on RF а 3 ½ turn over left shoulder LF 4 touch RF in front of LF walk back on LF а 5 out with RF 6 out with LF 7 hold

Section 6 - right sailor step

1 RF behind LF a LF to left

Hold

2 1/4 turn to the left with a touch

Start dancing after 5 seconds in the intro. Start when the artist sigs the ${\bf e}$ in alonge No tags, No restart.

Enjoy!!

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Last Update - 12 Mar 2025