

# Heard The Beat

COPPERKNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Low Intermediate  
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音乐: The Time of Our Lives - The Venice Connection



**Intro: 16 Counts, Start at approx 10 secs**

## **SEC 1 Back Sweep, Weave, Step ¼ Side Together, Cross, ¼ Step, ½ Back Lock Sweep**

1                    Step right back sweeping left from front to back  
2&3                Step left behind right, step right to right, step left forward  
4&5                Step right forward, turn ¼ right step left to left, step right beside left (3:00)

### **Arms 5 Click fingers at head height**

6-7                Cross left over right, turn ¼ right step right forward  
8&1                Turn ¼ right step left to left, turn ¼ right lock right over left, step left back sweeping right from front to back (12:00)

## **SEC 2 Behind, Side, Cross Rock, ¼ Step, Step Full Spiral, Step, ⅝ Jazzbox**

2&                Step right behind left, step left to left  
3-4                Cross rock right over left, recover weight onto left  
&5                Turn ¼ right step right forward, step left forward spiralling full turn right hooking right over left (3:00)  
6                Step right forward  
7&                Turn ¼ left cross left over right, turn ⅝ left step right back  
8&                Turn ¼ left step left to left, step right forward (7:30)

## **SEC 3 Rock, Ball Step, ⅝ Diamond, Side Rock Cross**

1-2                Rock left forward, recover weight onto right  
&3                Step left beside right, step right forward  
4&5                Step left forward, turn ⅝ left step right to right, step left back sweeping right from front to back (6:00)  
6&7                Step right back, turn ¼ left step left to left, cross right over left (3:00)  
&8&                Rock left to left, recover weight onto right, cross left over right

## **SEC 4 ¼ Step, ¼ Heels, ¼ Ball Step, ¼ Heels, ¼ Ball Step, ¼ Heels, Ball Point Out In Out, Hitch**

1-2                Turn ¼ right step right forward, turn ¼ left twist both heels to right (3:00)  
&3-4                Step left beside right, turn ¼ right step right forward, turn ¼ left twist both heels to right (3:00)  
&5-6                Step left beside right, turn ¼ right step right forward, turn ¼ left twist both heels to right (3:00)

### **Note Keep body facing 3:00 on counts 1-6 only turn feet**

&7&8&            Step left beside right, point right to right, touch right beside left, point right to right, hitch right knee