

Yes蛇 (Yes Sir)

COPPER KNOB
STYLEDANCE

拍数: 129 墙数: 1 级数: Beginner
编舞者: Mayee Lee (MY) - December 2024
音乐: 3P x 薛家燕 x 暴牙菇 - 'YES蛇' 【2025蛇年最YES新年歌】 (Official Music Video)



Intro : Start on first beat

Sequence of dance : Intro Dance – A – T1 – B – T1 – A – T1 – B – T2 – B

Intro Dance (32 counts)

Sec 1 R Side Together Side Touch, Touch L Forward, Hold x3

1 – 8 Step R to R(1), step L beside R(2), step R to R(3), touch L beside R(4), touch L forward(5),
 hold(6-8)

Sec 2 L Side Together Side Touch, Touch R Forward, Hold x3

1 - 8 Step L to L(1), step R beside L(2), step L to L(3), touch R beside L(4), touch R forward((5),
 hold(6-8)

Sec 3 R Side Together Side Touch, L Side Touch R, R Side Touch L

1 – 4 Step R to R(1), step L beside R(2), step R to R(3), touch L beside R(4),
5 – 8 Step L to L(5), touch R beside L(6), step R to R(7), touch L beside R(8)

Sec 4 L Side Together Side Touch, R Side Touch L, L Side Touch R

1 - 4 Step L to L(1), step R beside L(2), step L to L(3), touch R beside L(4)
5 – 8 Step R to R(5), touch L beside R(6), step L to L(7), touch R beside L(8)

Tag 1 (8 counts)

1 – 8 R Out(1) , Hold(2), L Out(3), Hold(4), R Out(5), L Out(6), R In(7), L In(8)

Tag 2 (32 counts)

Sec 1 Repeat Sec 8 Part B

Sec 2 Repeat Sec 8 Part B

Sec 3 R Side Together Side Touch, L Side Touch R, R Side Touch L

1 – 4 Step R to R(1), step L beside R(2), step R to R(3), touch L beside R(4),
5 – 8 Step L to L(5), touch R beside L(6), step R to R(7), touch L beside R(8)

Sec 4 L Side Together Side Touch, R Side Touch L, L Side Touch R

1 - 4 Step L to L(1), step R beside L(2), step L to L(3), touch R beside L(4)
5 – 8 Step R to R(5), touch L beside R(6), step L to L(7), touch R beside L(8)

Part A (64 counts)

Sec 1 Touch R Heel Forward, Touch R, Slide To R, Touch L

1 – 4 Touch R heel forward(1), touch R beside L(2), step R to R(3), touch L beside R(4)
5 – 8 Cross L(5), step R back(6), step L to L(7), cross R(8)

Sec 2 Touch L Heel forward, Touch L, Slide To L, Touch R

1 – 4 Touch L heel forward(1), touch L beside R(2), step L to L(3), touch R beside L(4)
5 – 8 Cross R(5), step L back(6), step R to R(7), cross L(8)

Sec 3 R Out, L Out, R In, L In, Touch R Forward Bump R Hip 4 Times

1 – 8 Step R out(1), step L out(2), step R in(3), step L beside R(4), touch R forward & bump R hip 4 times(5-8)

Sec 4 R Out, L Out, R In, L In, Hold (x4)

1 – 8 Step R out(1), step L out(2), step R in(3), step L beside R(4), hold 4 counts(5-8)

Sec 5 R Side Together Side Touch, L Side Touch R, R Side Touch L

1 – 4 Step R to R(1), step L beside R(2), step R to R(3), touch L beside R(4),

5 – 8 Step L to L(5), touch R beside L(6), step R to R(7), touch L beside R(8)

Sec 6 L Side Together Side Touch, R Side Touch L, L Side Touch R

1 – 4 Step L to L(1), step R beside L(2), step L to L(3), touch R beside L(4)

5 – 8 Step R to R(5), touch L beside R(6), step L to L(7), touch R beside L(8)

Sec 7 ¼ Turn L Paddle (x4)

1 – 4 Step R forward(1), ¼ turn L step on L(2)(9.00), step R forward(3), ¼ turn L step on L(4)(6.00)

5 – 8 Step R forward(5), ¼ turn L step on L(6)(3.00), step R forward(7), ¼ turn L step on L(8)(12.00)

Sec 8 R Jazz Box, L In & Hitch R, Step R Down, (Hold x3) (Draw An Anti-Clock Wise Big Circle)

1 – 8 Cross R(1), step L back(2), step R to R(3), step L beside R hitch R(4), step R down(5), hold(6/7/8)

Part B (65 counts)(MV Original Styles)

Sec 1 R Forward, Touch L, L Back, Touch R, R Side L Touch, L Side R Touch

1 – 4 Step R forward(1), touch L beside R(2), step L back(3), touch R beside L(4)

5 – 8 Step R to R(5), touch L beside R(6), step L to L(7), touch R beside L(8)

Sec 2 Twist RL, Hold, Jump Feet Apart, Hold, 1/8 Chug R(x3), Together

&1 – 4 Twist both heels to R(&), twist both heel to L(1), hold(2), jump feet apart(3), hold(4)

5 – 8 1/8 turn L Chug R 3 times(5-7)(10.30), step L beside R(8)

Sec 3 Hold, Jump Back, Hold, Bump Hip RLRL

1 – 8 Turn body to 12.00(1-2), step R back(&), step L beside R(3), hold(4), bump hip to RLRL(5-8)

Sec 4 R Out L Out, Back Out Out, Jump Feet Together(Listen Pose)

1 – 4 Step R out(1), step L out(2), step R back(3), step L back(4)

5 – 8 Step on R(&), step L beside R(5), hold(6), bounce twice(7-8)

Sec 5 Together, Hitch R, Step R Down, R Press Forward, Recover L(x3)(YES SIR Pose)

&1 – 8 Step on L(&), hitch R(1), step R down(2), touch & press R forward, recover on L(4)(repeat 2 times)(5-8)

Sec 6 Step R Down, L Side, Hold, Step R, Hold, Lunge L, Hold, Knock Head Twice

&1 – 4 Step R down(&), step L to L(1), hold(2), step R to R(3), hold(4)

5 – 8 Lunge & press L to L(5), hold(6), knock head twice(7-8)

Sec 7 Together, Hitch R, Step R down, R Press forward, Recover L(x3)(YES SIR Pose)

&1 – 8 Step on L(&), hitch R(1), step R down(2), touch & press R forward, recover on L(4)(repeat 2 times)(5-8)

Sec 8 Together, Hold (x3), R Out L Out, R In, Step L Hitch R, Step R Down

1 – 9 Step R beside L(1), hold 3 counts(2-4), step R out(5), step L out(6), step R back(7), step L beside R & hitch R(8), step R down(9)

Hand Movement & Styling can refer to the tutorial video on site!

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