Number One Girl



拍数: 32 编数: 2 级数: Intermediate

编舞者: Monica Choi (KOR), Rosa Lee (KOR) & Chloe Cha (KOR) - November 2024

音乐: number one girl - ROSÉ



SEC 1: FORWARD - KICK, BACKWARD - HOOK, FORWARD-SWEEP, CROSS, BACK, DIAGONAL 1/4 TURN L SIDE SWAY L & R, CROSS, SIDE.

1-2 Step RF fwd with Kicking LF fwd, Step back on LF with Hooking RF.

3-4a Step RF fwd with Sweeping LF, Cross LF over RF, Step back on RF to R Diagonal.

5-6 Turn 1/4 L Step LF to L side Sway L to R.(9:00)

7-8a Step LF to L side, Cross RF over LF, Step LF to L side.

SEC 2 : ROCK BACK, RECOVER, 1/2 TURN L BACK, ROCK BACK, RECOVER, 1/2 TURN R BACK, SWEEP BACKWARD, ROCK BACK, 1/2 TURN L RECOVER.

1-2a Rock back on RF, Recover on LF, Turn 1/2 L Step back on RF.(3:00)
3-4a Rock back on LF, Recover on RF, Turn 1/2 R Step back on LF.(9:00)
5-6 Step back on RF with Sweeping LF, Step back on LF with Sweeping RF.
7-8 Rock back on RF, Recover on LF with Turning 1/2 L Hitch RF.(3:00)

SEC 3: ROCK FORWARD, RECOVER, 1/4 TURN R SIDE, ROCK CROSS, RECOVER, SIDE, FORWARD, ROCK FORWARD, RECOVER, COASTER STEP.

1-2a Rock RF fwd, Recover on LF, Turn 1/4 R Step RF to R side. (6:00)

3-4a Cross Rock LF over RF, Recover on RF, Step LF to L side.5-6-7 Step RF fwd with Hitching LF, Rock LF fwd. Recover on RF.

8&a Step back on LF, Step RF beside LF, Step LF fwd.

SEC 4 : CROSS, ROCK SIDE, RECOVER, CROSS 1/4 TURN L BACK, 1/4 TURN L SIDE, CROSS, ROCK SIDE, RECOVER, FORWARD, 1/2 TURN R HOOK.

1-2a Cross RF over LF, Rock LF to L side, Recover on RF.

3-4a Cross LF over RF, Turn 1/4 L Step back on RF, Turn 1/4 L Step LF to L side. (12:00)

5-6a Cross RF over LF, Rock LF to L side, Recover on RF.
7&a Cross LF over RF, Rock RF to R side, Step LF to L side.
8&a Step RF fwd, Step LF fwd, Turn 1/2 R Hook RF. (6:00)

*Tag (After 2wall): ROCK FORWARD, RECOVER.

1-2 Rock RF fwd, Recover on LF with Hooking RF.

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