

Rockin' Around the Christmas Tree

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 1 级数: Absolute Beginner
编舞者: Mitzi Day (USA) - November 2024
音乐: Rockin' Around the Christmas Tree - Brenda Lee



Dance starts with lyrics

Section 1: Rocking chair, pivot ½, pivot ½

- 1-2-3-4 With weight on left foot, step right forward, replace weight on left, step right back, Replace weight on left
- 5-6-7-8 Step right forward, turn over left shoulder ½ turn to back wall, step right forward, turn over left shoulder back to 12:00.

Note: these pivot turns keep the left foot in one spot.

Section 2: Stomp right diagonal, left heel toe heel walk, Stomp left diagonal, right heel toe heel walk

- 1-2-3-4 Stomp right foot to diagonal right, have most weight on right foot, move left foot to right foot by swiveling left heel in, then left toe in, then left heel in.
- 5-6-7-8 Stomp left foot to left diagonal and put most weight on it, move right heel toward it then right toe toward it then right heel toward it.

Section 3: rumba box back then forward

- 1-2-3-4 Weight on left. Step right to right side. (1) Step left together. (2) Step right straight back (3) and hold. (4)
- 5-6-7-8 Weight on right foot. Step left to left side. (1) Step right together. (2) Step left forward. (3) Hold. (4)

Section 4: Jump forward and hold. Jump back and hold. Sway right and left, turn ¼ left and sway right and left. If you choose to keep the dance one wall don't turn ¼

- 1-2 Hop forward and hold. If you wanna be nice to your knees don't hop on both feet, hop forward right left. The count would be and one.
- 3-4 Hop straight back and hold. If you wanna be nice to your knees don't jump with both feet at once, hop back right left count and 3.
- 5-6 Sway hips right, left
- 7-8 Turn ¼ to 9:00 and sway right left. If you choose to keep dance on 1 wall don't turn.

Have a fun dance party!!
