Turn It Up

拍数: 24

级数: Beginner

编舞者: Alex Evans (UK) - November 2024

- 音乐: Play Something Country Brooks & Dunn
 - 或: Break Mine Brothers Osborne

#32 Count intro

Teach: Break Mine by Brothers Osbourne

Mambo Rocks

1&2 Step right for to right side, rock weight back onto left foot, cross right foot over left. 3&4 Step left foot to left side, rock weight back onto right foot, cross left foot over right.

Right Side Weave, Cross Rock Turn

5&6 Step right foot to right side, cross left foot behind right, step right foot to right side. 7&8 Cross left over right, rock weight back onto right foot, step left foot to left making 1/4 turn to left.

Full Turn Left, Turning Shue

9 - 10 Making 1/2 turn to left step back on right foot, making 1/2 turn to left step forward on left.

(Simple version: Walk forward left then right.)

Making 1/4 turn to left step right foot to right side, slide left foot next to right, making 1/4 turn 11&12 to left step back on right foot.

Coaster Steps, Syncopated Split Steps

- 13&14 Step back on left foot, step right foot nest to left, step forward on left foot.
- &15 Step forward on right foot slightly to right side, step left foot slightly to left side.
- &16 Step back on right foot back in place, step back on left foot next to right foot.

Syncopated Rock Steps

- Cross right over left, rock back onto left foot, step onto right foot slightly on front of left, 17&18
- 19&20 Cross left foot over right, rock back on to right foot, step onto left foot slightly in front of right.
- 21&22 Cross right over left, rock back onto left foot, step onto right foot slightly on front of left,
- 23&24 Cross left foot over right, rock back on to right foot, step onto left foot slightly in front of right.

START AGAIN





墙数:4