

Turn It Up

拍数: 24 墙数: 4 级数: Beginner
编舞者: Alex Evans (UK) - November 2024
音乐: Play Something Country - Brooks & Dunn
或: Break Mine - Brothers Osborne



#32 Count intro

Teach: Break Mine by Brothers Osbourne

Mambo Rocks

1&2 Step right for to right side, rock weight back onto left foot, cross right foot over left.

3&4 Step left foot to left side, rock weight back onto right foot, cross left foot over right.

Right Side Weave, Cross Rock Turn

5&6 Step right foot to right side, cross left foot behind right, step right foot to right side.

7&8 Cross left over right, rock weight back onto right foot, step left foot to left making 1/4 turn to left.

Full Turn Left, Turning Shue

9 - 10 Making 1/2 turn to left step back on right foot, making 1/2 turn to left step forward on left.

(Simple version: Walk forward left then right.)

11&12 Making 1/4 turn to left step right foot to right side, slide left foot next to right, making 1/4 turn to left step back on right foot.

Coaster Steps, Syncopated Split Steps

13&14 Step back on left foot, step right foot next to left, step forward on left foot.

&15 Step forward on right foot slightly to right side, step left foot slightly to left side.

&16 Step back on right foot back in place, step back on left foot next to right foot.

Syncopated Rock Steps

17&18 Cross right over left, rock back onto left foot, step onto right foot slightly on front of left,

19&20 Cross left foot over right, rock back on to right foot, step onto left foot slightly in front of right.

21&22 Cross right over left, rock back onto left foot, step onto right foot slightly on front of left,

23&24 Cross left foot over right, rock back on to right foot, step onto left foot slightly in front of right.

START AGAIN
