

You Make My Dreams Come True

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Improver
编舞者: Karla Carter-Smith (CAN) - November 2024
音乐: You Make My Dreams (Come True) - Daryl Hall & John Oates



#32 count intro, No Tags, No Restarts

[1-8] Slow Mambo Forward Hold, Slow Mambo Back Hold

1,2,3,4 Rock forward on right(1), recover back on left(2), right step back(3), hold(4)
5,6,7,8 Rock back on left(5), recover forward on right(6), left step forward (7), hold(8)(12:00)

[9-16] Step touch x 4 (Backwards Z pattern)

1,2 Step right forward on a diagonal towards 1:00(1), touch left toe beside(2)
3,4 Step left to left side(3), touch right toe beside(4)
5,6 Step right back on a diagonal towards 4:00(5), touch left toe beside(6)
7,8 Step left to left side(7), touch right toe beside(8) (12:00)

Optional Arms: wave both hands above your head to the right on the step to the right(1), touch and snap fingers at shoulders(2), wave both hands above your head to the left when you step to the left(3), touch and snap fingers at shoulders(4), repeat for counts 13-16

[17-24] Slow Mambo Right Hold, Slow Mambo Left Hold

1,2,3,4 Rock right to right side(1), recover on left to left(2), step right beside left(3), hold(4)
5,6,7,8 Rock left to left side(5), recover to right on right(6), step left beside right(7),hold(8)(12:00)

[25-32] Toe Struts moving forward x 4

1,2 Touch right toe forward(1), step down on right heel(2)
3,4 Touch left toe in front of right(3), step down on left heel(4)
5,6 Touch right toe forward(5), step down on right heel(6)
7,8 Touch left toe forward(7), step down on left heel(8)(12:00)

[33-40] Step Together Step Touch, ¼ Left Step Together Step Touch

1,2 Step forward on right on a diagonal towards 1:00(1), step left beside(2),
3,4 Step forward on right on a diagonal towards 1:00(3), touch left toe beside(4)(12:00)
5,6 Turning ¼ left step forward on left foot(5), step right beside(6)
7,8 Step forward on left foot(7), touch right toe beside(8)(9:00)

Optional Arms: bring both hands above head as you step forward(1), bring them back to your shoulders as you step together(2), raise hands above your head as you step forward(3), bring them to your shoulders as you touch(4), repeat for counts 37-40

[41-48] Step Together Step Touch, ¼ Left Step Together Step Touch

1,2 Step forward on right on a diagonal towards 11:00(1), step left beside(2),
3,4 Step forward on right on a diagonal towards 11:00(3), touch left toe beside(4)(12:00)
5,6 Turning ¼ left step forward on left foot(5), step right beside(6)
7,8 Step forward on left foot(7), touch right toe beside(8)(6:00)

Optional Arms: bring both hands above head as you step forward(1), bring them back to your shoulders as you step together(2), raise hands above your head as you step forward(3), bring them to your shoulders as you touch(4), repeat for counts 45-48

[49-56] Step Hold, ½ Pivot left, Hold, Step, Hold, ¼ Pivot, Hold

1,2,3,4 Step right forward(1), hold(2), turning ½ turn left step left forward(3), hold(4)(12:00)
5,6,7,8 Step right forward(5), hold(6), turning ¼ turn left step left to left(7), hold(8)(9:00)

[57-64] Toe Strut Box Step

- 1,2 Touch right toe across in front of left(1), step down on right heel(2)
3,4 Touch left toe back(3), step down on left heel(4)
5,6 Touch right toe to right(5), step down on right heel(5)
7,8 Touch left toe forward(7), step down on left heel(8)(9:00)

Ending to face 12:00: On 8th rotation dance starts facing 3:00, dance counts 1-24 as written above, then on count 3 of section [25-32] ¼ left (12:00), continue toe struts forward as the music fades.

Have fun!
