

Cowboy Friends (Waltzolka)

COPPER KNOB
BY SHEETS

拍数: 82

墙数: 4

级数: Intermediate - Waltz / Polka Hybrid
dance



编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - November 2024

音乐: cowboy friends - Ella Langley

***1 to 4 wall Hybrid Line Dance. Intermediate Level. First, we waltz, then we polka & then back again!**

Start after 12 count waltz on the words 'hate' of the lyric 'hate to break your buckle baby' – (approx. 6.9secs) – 2mins 59secs – 112bpm - Available: Amazon

Let's Waltz – 1 wall waltz – 48 counts

[1-6] L/R twinkles

1-6 Cross step L over R, step R side, step L together, cross step R over L, step L side, step R together

[7-12] ¼ L twinkle, R balance back

1-3 Cross step L over R, step R side, turning ¼ left step L back

4-6 Step R back, step L together, step R slightly forward (9 o'clock)

[13-18] ½ L balance step, R balance back

1-3 Step L forward (extended 5th), turning ½ left step R back, step L back

4-6 Step R back, step L together, step R slightly forward (3 o'clock)

[19-24] L/R twinkles travelling slightly forward

1-3 Cross step L over R, step R side, step L slightly forward,

4-6 Cross step R over L, step L side, step R slightly forward

[25-36] ¾ L waltz diamond ending facing back wall

1-3 Turning towards right diagonal (4 o'clock) step L forward, step R together, L together

4-6 Turning ¼ left to face diagonal (1 o'clock) step R back, step L together, step R together

1-3 Turning ¼ left to face diagonal (11 o'clock) step L forward, step R together, step L together

4-6 Turning ¼ left to face diagonal (7 o'clock) step R back, step L together, step R to side and square to wall (6 o'clock)

[37-42] L cross over, ½ R hinge turn, R twinkle

1-3 Cross step L over R, turning ¼ left step R back, turning ¼ left step L side (12 o'clock)

4-6 Cross step R over L, step L side, step R together

[43-48] Extended weave with point R to R side

1-6 Cross step L over R, step R side, cross step L behind R, step R side, cross step L over R, point R side

HOLD! It's time to Polka!

Let's Polka! 4 walls – 34 counts

Start after she says 'Saddle Up'....on the word 'UP'

[1-8] R chassé, L back rock/recover, L side, R sailor kick, R ball cross

1&2 Step R side, step L together, step R side

3-4 Rock L back, recover weight on R

5-6&7 Step L side, cross step R behind L, step L side, R low kick forward

&8 Step R back, cross step L over R

[9-16] R side and push off turning ¾ L with hitch, L fwd, R fwd shuffle, L fwd rock/recover, L coaster cross

1-2 Step R side turning ¾ L hitching up L knee (3 o'clock), step L forward

3&4 Step R forward, step L together, step R forward
5-6 Rock L forward, recover weight on R,
7&8 Step L back, step R together, cross step L over R Page 1 of 2

[17-24] R back, L heel fwd, hold, L back, R vaudeville, R ball cross, R side, L behind/R side/L cross

&1-2 Step R back, touch L heel forward, hold
&3&4 Step L back, cross step R over L, step L back, touch R heel forward
&5-6 Step R back, cross step L over R, step R side
7&8 Cross step L behind R, step R side, cross step L over R

[25-32] R side rock/recover, R behind/L side/R cross, L side rock/recover, ½ L toaster

1-2 Rock R side, recover weight on L
3&4 Cross step R behind L, step L side, cross R over L
5-6 Rock L side, recover weight on R
7&8 Turning ½ left step L back, step R together, step L forward (9 o'clock)

[33-34] Stomp forward R/L

1-2 Stomp R forward, step L forward

WALL 2: At the end of wall 2, facing the back wall OMIT counts 33-34. No Stomp! Stomp!

Polka To Waltz transition: After 4 walls of the polka, you will end facing front wall.

After stomping, step R side, point L side, hold – start on the word 'KNOW' when she sings – 'I KNOW this probably'

Complete the 1 wall waltz, then we go back into polka use the same music cue as earlier – start on the word 'UP' when she sings 'Saddle UP'

After the waltz it is Polka time once more – dance first 16 counts of the polka section to bring you to front wall then

add the following for your big finish:

&1-2 Step R back, touch heel forward, hold
&3-4 Step L back, touch R together, HOLD and strike a final pose.

Have fun! It's a lot easier than you think!

Here is a resume of the walls:

- Waltz – 48 counts (start on the word "hate")
 - Polka – 34 counts (start on the word "up")
 - Polka – 32 counts (omit "stomp, stomp")
 - Polka – 34 counts
 - Polka – 34 counts
 - Waltz – 48 counts (start on the word "know")
 - Polka – 34 counts (start on the word "up")
 - Polka – 16 counts
 - Add ending – 4 counts
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