

Fun Lefty Shenanigans (FLS)

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sue Korek (USA) - 26 November 2024
音乐: I Can't Help Myself (Sugar Pie, Honey Bunch) - Four Tops
或: Abracadabra - Steve Miller Band



Alternate Music:

Abracadabra (Steve Miller Band—1 May 1982) Intro: 32 counts, bpm=128

No tags, no restarts

Enjoy dance shenanigans full of “lefts” (jazz box, rocking chair, V-step).

Warning: It does mess with the brain a little! Ha!

Intro: 16 counts

SECTION 1 (WALK FORWARD R L, THREE CROSS POINTS)

1-2 Step R forward, step L forward
3-4 Cross R over L, point L to left
5-6 Cross L over R, point R to right
7-8 Cross R over L, point L to left

SECTION 2 (LEFT JAZZ BOX ¼ TURNING LEFT, LEFT ROCKING CHAIR)

1-2 Cross L over R, step R back
3-4 ¼ turn left step L, step R
5-6 Rock L forward, recover on R
7-8 Rock L back, recover on R

SECTION 3 (LEFT V-STEP, BASIC LEFT)

1-2 Step L diagonally left, step R diagonally right
3-4 Step L right back, step R back
5-6 Step L left, step R beside L
7-8 Step L left, touch R

SECTION 3 (RIGHT K-STEP, BRUSH)

1-2 Step R diagonally forward, touch L beside R
3-4 Recover L back, touch R beside L
5-6 Step R back, touch L beside R
7-8 Recover L forward, brush R

Enjoy!

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