

# Be Optimistic

**COPPER** **KNOB**  
BY STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Dian Rose (INA) - November 2024  
音乐: Optimis - Atiek CB



## S1. WALK (R-L) - SIDE ROCK - RECOVER - FWD - ROCK - RECOVER - BACK - TOUCH

1,2      Step R Fwd (1), Step L Fwd (2)  
3&4      Rock R to side (3), Recover on L (&), Step L Fwd (4)  
5,6      Rock L Fwd (5), Recover on L (6)  
7,8      Step L back (7), Touch R beside L (8)

## S2. K-STEP

1,2      Step R Diagonal Fwd (1), Touch L beside R (2)  
3,4      Step L Diagonal Back (3), Touch R beside L (4)  
5,6      Step R Diagonal Back (5), Touch L beside R (6)  
7,8      Step L Diagonal Fwd (7), Touch R beside L (8)

## S3. V-STEP 1/4 TURN RIGHT

1-4      Step Slightly Fwd and Out (1), Step L Out (2), Making a 1/4 Turn R, Step R to side (3), Step L to side (4) (facing 3.00)  
5-8      Step Slightly Fwd and Out (5), Step L Out (6) (facing 3.00), Making a 1/4 Turn R, Step R to side (7), Step L to side (8) (facing 6.00)

## S4. MONTEREY 1/4 TURN R - ROCKING CHAIR

1-4      Point R to Side (facing 6.00) (1), 1/4 Turn R Stepping R beside L (facing 9.00) (2), Point L to side (3), Step L beside R (facing 9.00) (4)  
5-8      Step R Fwd (5), Recover on L (6), Step R back (7), Recover on L (8)

Happy Dancing □□□□  
NO TAG NO RESTART!

Any question please don't hesitate to contact me at [dianrose\\_75@yahoo.com](mailto:dianrose_75@yahoo.com)

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