

Amor Prohibido

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Penny Tan (MY) - November 2024
音乐: Amor Prohibido (feat. Decai) - Kiko Rivera



Dance starts after 16C

No Tag / 1 Restart

*Restart on W3 after 16C (9:00)

SEC1:CUMBIA ,MODIFIED RUMBA BOX

1&2 Step RF behind LF , recover on L , step RF , step RF to R
3&4 Step LF behind RF , recover on R , step LF to L
5&6 Step RF tp R, step LF beside RF, step RF fwd
7&8 Step LF to L, step RF beside LF, step LF fwd

SEC2:PONY STEP , HITCH (R-L) , ¼ TURN R SIDE CHASSE , HITCH ,L SIDE CHASSE, HITCH

1&2& Step RF back while hitch L , step down LF, step RF in place , hitch L
3&4& Step LF back while hitch R , step down RF , step LF in place , hitch R
5&6& Step RF to R , step LF next to RF , ¼ turn R , step RF fwd , hitch L (3:00)
7&8& Step LF to L , step RF next to LF , step LF to L , hitch R

SEC3:BOTA FOGO (R-L) , ½ TURN R VOLTA

1&2 Cross RF over LF , step LF to L side , step RF on R
3&4 Cross LF over RF , step RF to R , step LF on L
5&6& Step RF fwd , ball rock LF behind RF , ¼ turn R , step RF fwd , ball rock LF behind RF
7&8 ¼ turn R , step RF fwd , ball rock LF behind RF , step RF fwd (9:00)

SEC4:BOTA FOGO (L-R) , CHASE TURN , MAMBO

1&2 Cross LF over RF , step RF to R , step LF on L
3&4 Cross RF over LF , step LF to L , step RF on R
5&6 Step LF fwd , ½ turn R , step RF on R ,?step LF fwd (3:00)
7&8 Step RF fwd , recover on L , step RF next to LF with hips push to back

Have fun and happy dancing!
