

A Woman's Choice (女人的选择)

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Heru Tian (INA) - November 2024
音乐: Nv Ren De Xuan Ze (女人的选择) - Ban Dun Xiong Di (半吨兄弟)



****No Tag, 1 Restart**

****Restart on Wall 4 after 12&C (facing 12.00)**

During Wall 4, Dance up to 11C, and do Sailor (on count 12&) to Restart the dance

Section 1 : Basic NC, Basic NC, 1/8R Fwd, Mambo Drag, Back, Back

12& Take a long step RF to R Side (1), Step LF Slightly behind RF (2), Cross RF over LF (&)
34& Take a long step LF to L Side (3), Step RF Slightly behind LF (4), Cross LF over RF (&)
56&7 1/8R, Step RF Fwd (5), Rock LF Fwd (6), Recover on RF (&), Drag LF Back (7) (1.30)
8& Step RF Back (8), Step LF Back (&)

Section 2 : 1/4R Side, 1/4L Fwd , 3/8L Side, Back/Sweep, Behind, Side, Cross Rock, Recover, Side, 1/8R Fwd, Touch/Bending Knees

12& 1/4R, Step RF to R Side (1) (4.30) , 1/4L, Step LF Fwd (2) (1.30), 3/8L, Step RF to R Side (&)
(9.00)
3 Step LF Back, Sweep RF front to back (3)
***** During Wall 4, Dance up to 11C, and do Sailor (on count 12&) to Restart the dance**
4& Cross RF behind LF (4), Step LF to L Side (&)
56& Rock RF cross over LF (5), Recover on LF (6), Step RF to R Side (&)
78 1/8R, Step LF Fwd (7) (10.30), Touch RF beside LF, Bending both knees (8)

Section 3 : Big Step Back, Behind, 3/8R Fwd, Fwd, Pivot 1/2L, 1/2L Back/Sweep, Behind, Side, Cross, 1/2R Unwind

12& Big Step RF Back (1), Step LF Behind RF (2), 3/8R, Step RF Fwd (&) (3.00)
34& Step LF Fwd (3), Step RF Fwd (4), Pivot 1/2L, shifting weight to LF (&) (9.00)
56& 1/2L, Step RF Back, Sweep LF front to back (5) (3.00), Cross LF behind RF (6), Step RF to R
Side (&)
78 Cross LF over RF (7), Unwind 1/2R, shifting weight to RF (8) (9.00)

Section 4 : 1/2L Fwd/Sweep, Cross, Side Rock, Cross, Side Rock, Fwd, Chase 1/2R, Full Turn L

1 1/2L, Step LF Fwd, Sweep RF back to front (1) (3.00)
2&3 Cross RF over LF (2), Rock LF to L Side (&), Recover on RF (3)
&4& Cross LF over RF (&), Rock RF to R Side (4), Recover on LF (&)
5 Step RF Fwd (5)
6&7 Step LF Fwd (6), Pivot 1/2R, Shifting weight to RF (&), Step LF Fwd (7) (9.00)
8& 1/2L, Step RF back (8), 1/2L, Step LF fwd (&)

Start again..

Best Regards,

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