

Half Time Of Heart (半點心)

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Heru Tian (INA) - November 2024
音乐: Half Time of Heart (半點心) - Grasshopper (草蜢)



***No Tag, No Restart

Section 1 : Side, Together, Side, Hold, Cross Rock, 1/4L Fwd, Sweep

1234 Step RF to R Side (1), Step LF next to RF (2), Step RF to R Side (3), Hold (4)
5678 Rock LF Cross Over RF (5), Recover on RF (6), 1/4L, Step LF fwd (7), Sweep RF back to front (8) (9.00)

Section 2 : Cross, Side, Behind, Sweep, Back, Sweep, Rock Back / Seated Position

1234 Cross RF Over LF (1), Step LF to L Side (2), Cross RF behind LF (3), Sweep LF front to back (4)
5678 Step LF back (5), Sweep RF front to back (6), Rock RF back (Seated Position), Recover on LF (8)

Section 3 : 1/4L Slide, Hold, Rock Back, Slide, Hold, Rock Back

1234 1/4L, Take a long step RF to R Side (1), Hold (2), Rock LF back (3), Recover on RF (4) (6.00)
5678 Take a long step LF to L Side (5), Hold (6), Rock RF back (7), Recover on LF (8)

Section 4 : Rumba Box Fwd, Side, Together, 1/4L Fwd, Touch Together

1234 Step RF to R Side (1), Step LF Next to RF (2), Step RF fwd (3), Touch LF beside RF (4)
5678 Step LF to L Side (5), Step RF Next to LF (6), 1/4L, Step LF Fwd (7), Touch RF beside LF (8) (3.00)

Start again..

Best Regards, Herutian79@gmail.com