# Frequently Secretly



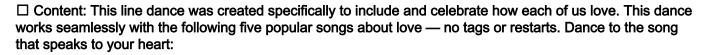
拍数: 48 墙数: 2 级数: Easy Improver

编舞者: Tommy G. Parker (USA) - November 2024

音乐: Cowboys Are Frequently Secretly Fond Of Each Other - Orville Peck & Willie Nelson

或: Love on the Brain - Rihanna

- 或: Love on the Brain Rinanna
- 或: Girl Crush Little Big Town
- 或: Beautiful Crazy Luke Combs
- 或: Keep Holding On Avril Lavigne
- 或: Lose Control Teddy Swims



- COWBOYS ARE FREQUENTLY SECRETLY FOND OF EACH OTHER (the 2004 version by Orville Peck & Willie Nelson)
- GIRL CRUSH (by Little Big Town)
- BEAUTIFUL CRAZY (by Luke Combs)
- LOVE ON THE BRAIN (by Rihanna)
- KEEP HOLDING ON (by Avril Lavigne)
- LOSE CONTROL (by Teddy Swims)

### 48 Count to a WALTZ beat (3/4 time signature).

No Tags or Restarts.

Can also be danced CONTRA (rows facing each other).

#### (1-6) Shuffle forward (RLR) with ½ turn left (ccw). Shuffle back (LRL) with ½ turn left (ccw).

- 1, 2, 3 FACE 12:00 Step RF forward, making ¼ turn left (ccw) [1] FACE 3:00. Step LF next to RF [2]. Step RF in place, making ¼ turn left (ccw) [3] FACE 6:00.
- 4, 5, 6 Step LF back, making ¼ turn left (ccw) [4]. Step RF next to LF [5] FACE 9:00. Step LF in place, making ¼ turn left (ccw) [6] FACE 12:00.

## (7-12) Shuffle left (RLR). Coaster Step (LRL).

- 1, 2, 3 FACE 12:00 Step RF right [1]. Step LF next to RF [2]. Step RF in place [3].
- 4, 5, 6 Step LF back [4]. Step RF next to LF [5]. Step LF in place [6] FACE 12:00.

#### (13-18) Slide RF forward with 1/4 turn left (ccw). Coaster Step (LRL).

- 1, 2, 3 FACE 12:00 Slide RF forward [1], making ½ turn left (ccw) [2, 3] FACE 9:00.
- 4, 5, 6 Step LF back [4]. Step RF next to LF [5]. Step LF forward [6] FACE 9:00.

#### (19-24) Slide RF forward with 1/4 turn left (ccw). Coaster Step (LRL).

- 1, 2, 3 FACE 9:00 Slide RF forward [1], making 1/4 turn left (ccw) [2, 3] FACE 6:00.
- 4, 5, 6 Step LF back [4]. Step RF next to LF [5]. Step LF in forward [6] FACE 6:00.

## (25-30) Wizard step (RLR). Wizard step (LRL).

- 1, 2, 3 FACE 6:00 Step RF forward [1]. Step LF behind RF [2]. Step RF forward [3].
- 4, 5, 6 Step LF forward [4]. Step RF behind LF [5]. Step LF forward [6] FACE 6:00.

#### (31-36) RF step forward. Swivel right hip forward AND both heels to the right/return. Coaster step (RLR).

- 1, 2, 3 FACE 6:00 Step RF forward [1]. Right Hip/Heel Swivel (out/in) [2, 3].
- 4, 5, 6 Step RF back [4]. Step LF next to RF [5]. Step RF in forward [6] FACE 6:00.

(37-42) LF step forward. Swivel left hip forward AND both heels to the left/return. Coaster step (LRL).

- 1, 2, 3 FACE 6:00 Step LF forward [1]. Left Hip/Heel Swivel (out/in) [2, 3].
- 4, 5, 6 Step LF back [4]. Step RF next to LF [5]. Step LF in forward [6] FACE 6:00.

## (43-48) Slide RF back. Coaster step (LRL).

- 1, 2, 3 FACE 6:00 Weight on LF, slide RF back [1]. Ease back onto RF [2, 3].
- 4, 5, 6 Step LF back [4]. Step RF next to LF [5]. Step LF in forward [6] FACE 6:00

Start again, facing the opposite direction.

Last Update: 21 Jan 2025 - R2