Am I OK?

拍数: 32 **墙数:** 2 **级数:** Beginner

编舞者: Maria Zapata (USA) - November 2024

音乐: Am I Okay? - Megan Moroney

Start after 32 counts on Lyrics

[1-8] LINDY RIGHT – VINE TO THE LEFT ENDING WITH A CROSS
1&2	Triple step to the right,
3-4	Rock back with the left, recover
4-5-6-8	Side, behind, side, cross

[9-16] LINDY LEFT – VINE TO THE RIGHT ENDING WITH A CROSS
1&2	Triple step to the left,
3-4	Rock back with the right, recover
4-5-6-8	Side, behind, side, cross

[17-24] JAZZ BOX x 2 ¼ TURN RIGHT EACH TIME FOR A ½ TURN
1-2-3-4	Cross R over L, step L back, step R back, Step L cross
5-6-7-8	Cross R over L, step L back, step R back, Step L cross

[24-32] STEP BACK 4x WITH A CLAP
1-2-3-4	Back with R, clap, back with L, clap
5-6-7-8	Back with R, clap, back with L, clap

RESTART: ON WALL 5, FACING THE FRONT, AFTER 16 COUNTS [See sections 1-8 and 9-16]