Ring Ring



拍数: 32 **墙数:** 4 **级数:** Improver - R&B

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音乐: Ring Ring - MIRA



Start the dance after 16 counts

SECTION1: (FORWARD, KICK BALL) X 2, FORWARD, ROCK, RECOVER, 1/2 TURN TO R WITH FORWARD, FORWARD

1-2&	Step LF forward, kick RF forward, replace RF with ball
3-4&	Step LF forward, kick RF forward, replace RF with ball
5-6&	Step LF forward, rock RF forward, recover on LF
7-8	1/2 turn to R stepping RF forward, step LF forward

SECTION 2: PONY STEP X 2, BACKWARD ROCK, RECOVER, SAMBA STEP

1&2	Step RF back hitching L knee, step LF beside RF, step RF back hitching L knee
3&4	Step LF back hitching R knee, step RF beside LF, step LF back hitching R knee

5-6 Rock RF backward, recover on LF

7&8 Cross RF over LF, rock LF L side, recover on RF

SECTION 3: SAMBA STEP, FORWARD ROCK, RECOVER AND 1/4 TURN TO R WITH SWEEP, SAILOR STEP, CROSS SHUFFLE

1&2	Cross LF over RF, rock RF R side, recover on LF
3-4	Rock RF forward, recover on LF and 1/4 turn to R doing RF sweep from front to back
5&6	Cross RF to diagonal backward, close LF to RF, step RF forward
7&8	Cross LF over RF, step RF to side slightly, cross LF over RF

SECTION 4: SIDE, 1/4 TURN TO L WITH FLICK, FORWARD X 2, (SIDE TOUCH, REPLACE) X 2, SIDE, POINT

1-2	Step RF to sid	 e. 1/4 turn to L 	doing RF flick

3-4 Step RF forward, step LF forward

5&6& Touch RF to R side, replace RF and change weight on LF, touch LF to L side, replace LF and

change weight on RF

7-8 Step RF side, point LF toe to L side while push your weight on R hip strongly

RESTART: On the 2, 6 wall, you will dance to 16 counts and start again

TAG: After the 4th wall, you will dance to 4 counts of tag Tag step is

1-2& Step LF forward, rock RF forward, recover on LF3-4& Step RF backward, rock LF backward, recover on RF

Enjoy the dance

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^{**} You should be start 1/4 turn to L from the wall 2**