

Glow EZ

COPPERKNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Liliana Jüriso (EST) - November 2024
音乐: Glow - Livingston



Intro: 16 Counts, Start at approx 11 secs

Sailor step 2x, cross samba

1 2 3 Cross RF behind LF, step LF to left side, step RF to place
4 5 6 Cross LF behind RF, step RF to right side, step LF to place
7 8 1 Cross RF over LF, LF rock to left side, recover on RF

Cross samba, heel touch 2x

2 3 4 Cross LF over RF, RF rock to right side, recover on LF
5 6 Touch RF heel forward, step RF next to LF
7 8 Touch LF heel forward, step LF next to RF

Step back 2x, coaster step, step forward step 3x

1 2 Step RF back, step LF back
3 4 5 Step RF back, step LF next to RF, step RF forward
6 7 8 Step LF forward, step RF forward, step LF forward

Monterey ¼ turn 2x

1 2 Touch RF to right side, on ball of LF make ¼ turn right stepping RF beside LF
3 4 Touch LF to left side, step LF beside RF
5 6 Touch RF to right side, on ball of LF make ¼ turn right stepping RF beside LF
7 8 Touch LF to left side, step LF beside RF

**Dedicated to the beginner line dancers of the Pärnu Nooruse Maja.
Last Update - 20 Nov. 2024 - R1**