

Mandolinen und Mondschein

拍数: 32 墙数: 2 级数: Beginner / Improver
编舞者: Claudia Arndt (DE) - November 2024
音乐: Mandolinen und Mondschein - Peter Alexander



Info: The dance begins after a short intro with the use of singing

S1: Side, close, chassé r, rock across, side, close

- 1-2 Step to the right with the right - put the left foot close to the right
- 3&4 Step right with right - put your left foot close to your right and step right with your right foot
- 5-6 Cross left foot over right foot - weight back on right foot
- 7-8 Step left with left - Place your right foot against your left foot

S2: Side, close, chassé l, rock across, side, close

- 1-8 Same as step sequence S1, but mirror-image starting with the left

S3: Toe strut forward r + l 2x

- 1-2 Step forward with the right, only the tip of the foot on the ground - lower the right heel
- 3-4 Step forward with the left, only the tip of the foot on the ground - lower the left heel
- 5-8 How 1-4

(End: The dance ends here in the 8th round - Direction 6 o'clock; at the end 'Step forward with the right - 1/2 turn left on both balls, weight at the end on the left' - 12 o'clock)

S4: Step, hold, pivot ¼ l, hold & step, hold, pivot ¼ l, hold

- 1-2 Step forward with the right - Hold
- 3-4 1/4 turn to the left on both balls, Weight remains on the right - Hold (9 o'clock)
- & Sit on the left foot to the right
- 5-8 & How 1- 4 & (6 o'clock)

Repetition to the end

Tag (after the end of the 2., 4., 5. and 7. Round, the first time towards 12 o'clock)

Jazz box turning ¼ r 2x

- 1-2 Cross your right foot over your left - step backwards with your left
 - 3-4 1/4 Turn right and step right with right - Small step forward with left (3 o'clock)
 - 5-8 Same as 1- 4 (6 o'clock)
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