

I Follow

拍数: 32 墙数: 2 级数: Improver
编舞者: Junghye Yoon (KOR) - November 2024
音乐: I Follow - Inna



****2 Restarts: After 16Counts, On wall 2 <6:00>, On wall 6 <12:00>**

Intro: 8 Counts

Sec 1 : CROSS SAMBA STEP R, L, TURN 3/4R VOLTA

1&2 Cross RF Over LF(1), Rock Side LF(&), Recover onto RF(2)
3&4 Cross LF Over RF(3), Rock Side RF(&), Recover onto LF(4)
5& Turn 1/8R Step Forward RF(5) <1:30>, Step LF Together RF(&)
6& Turn 1/4R Step Forward RF(6) <4:30>, Step LF Together RF(&)
7& Turn 1/4R Step Forward RF(7) <7:30>, Step LF Together RF(&)
8 Turn 1/8R Step Forward RF(8) <9:00>

Sec 2 : WHISK L, R, TURN 3/4L VOLTA

12& Step LF to Left Side(1), Rock Back RF(2), Recover onto LF(&)
34& Step RF to Right Side(3), Rock Back LF(4), Recover onto RF(&)
5& Turn 1/8L Step Forward LF(5) <7:30>, Step RF Together LF(&)
6& Turn 1/4L Step Forward LF(6) <4:30>, Step RF Together LF(&)
7& Turn 1/4L Step Forward LF(7) <1:30>, Step RF Together LF(&)
8 Turn 1/8L Step Forward LF(8) <12:00>

Sec 3 : R DIAGONAL FORWARD SHUFFLE, SIDE, TOGETHER, HEEL SWITCH, FORWARD, TOUCH

1&2 Step Forward RF Diagonal (1), Step LF Together RF(&), Step Forward RF Diagonal (2)
3-4 Step LF to Left Side(3), Step RF Together LF(4) Styling: with Body Roll
5& Touch Heel Forward LF(5), Step LF Together RF(&)
6& Touch Heel Forward RF(5), Step RF Together LF(&)
7-8 Step Forward LF(7), Touch RF Beside LF(8) Styling: with Body Roll

Sec 4 : TOUCH FORWARD, TURN 1/4L TOGETHER, TURN 1/4L TOUCH FORWARD, TOGETHER, TURN 1/4R CROSS SHUFFLE, TURN 1/2L CROSS SHUFFLE

1-4 Touch forward RF(1), Turn 1/4L Step RF Together LF(2) <9:00>
3-4 Turn 1/4L Touch forward LF(3) <6:00>, Step LF Together RF(4)
5&6 Turn 1/4R Cross RF Over LF(5) <9:00>, Step LF to Left Side(&), Cross RF Over LF(6)
7&8 Turn 1/2L Cross LF Over RF(7) <3:00>, Step RF to Right Side(&), Cross LF Over RF(8)

Enjoy Dancing!

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