

Dancing (起舞)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Xiazhi Chen (CN) - November 2024
音乐: Qi Wu (起舞) - Zha Xi Ping Cuo (扎西平措)



Intro: 32 Counts - No Tag, No Restart

【1--8】 L Vine , Rolling Vine R

1 – 4 Step L to L (1), Cross R behind L (2), Step L to L (3), Touch R beside L (4) (12:00)
5 – 8 1/4 Turn R step R forward (5), 1/2 Turn R step L back (6) 1/4 Turn R step R to R side
(7) , Touch L beside R (8)

【9--16】 1/8 L Walk L R, Forward Shuffle, 1/4 R Walk R L R, Kick

1 2 1/8 Turn L step L forward (1), Step R forward (2) (10:30)
3&4 Step L forward (3), Lock R behind L (&), Step L forward (4)
5 – 8 1/4 Turn R step R forward (5), Step L forward (6) (1:30) Step R forward (7), Kick L forward (8)

【17--24】 Back Shuffle L, 1/4 L Back Shuffle R, Back Shuffle L R

1 & 2 Step L back (1), Step R beside L (&), Step L back (2)
3 & 4 Step R back (3), Step L beside R (&), 1/4 Turn L Step R back (4) (10:30)
5 & 6 Step L back (5), Step R beside L (&), Step L back (6)
7 & 8 Step R back (7), Step L beside R (&), Step R back (8)

【25--32】 Rock Back, Recover, Stomp (×2) , 1/8 L Rock Side, Recover, Stomp, Rock, Recover, Stomp

1 & 2 Rock back on L (1), Recover weight on R (&) , Stomp L beside R (Weight on R) (2)
3 & 4 Rock back on L (3), Recover weight on R (&) , Stomp L beside R (Weight on L) (4)
5 & 6 1/8 Turn L rock side on R (5), Recover weight on L (&) , Stomp R beside L (Weight on L) (6)
(9:00)
7 & 8 Rock side on R (7), Recover weight on L (&) , Stomp R beside L (Weight on R) (8)

Enjoy!

Contact Email: 1075959938 @ qq.com