

# Love and Hate

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32                      墙数: 4                      级数: Easy Improver  
编舞者: Marianne Langagne (FR) - November 2024  
音乐: Love and Hate - Annika Catharina



Intro : 16 Counts

Sequences : 32 – 16 TAG/Restart – 32 – 16/Restart – 32 – 32 – 32 – TAG – 32 – 32

**[1 – 8] DIAGONALLY BALL, HEEL FAN, COASTER STEP, TOE – SCUFF- STEP FWD (L – R)**

1 & 2                      R Ball Diagonally Fwd R, Pivot R Heel to the R, Return to Center  
3 & 4                      RF Back, Together, RF Fwd  
5 & 6                      L Point next to RF (Knee In), Scuff LF Fwd , LF fwd  
7 & 8                      R Point next to LF (Knee In), Scuff RF Fwd , RF fwd

**[9 - 16] STEP ½ TURN R, TRIPLE FWD, LARGE DIAGONALLY STEP, DRAG, LARGE DIAGONALLY STEP, TOUCH**

1 – 2                      LF Fwd, ½ Turn R (weight on RF) 6:00  
3 & 4                      LF Fwd, Together, LF Fwd  
5 – 6                      Large Step Diagonally Fwd R, Slide LF next to RF  
7 – 8                      Large Step Diagonally Fwd L, Touch RF next to LF

**ICI Tag / Restart (2ind Wall – Facing 9:00)**

**Restart (4ith Wall – Facing 6:00)**

**[17 - 24] KICK BALL CROSS X 2, SIDE ROCK, CROSS SHUFFLE**

1 & 2                      Kick RF, Ball R next to LF, Cross LF over RF  
3 & 4                      Kick RF, Ball R next to LF, Cross LF over RF  
5 – 6                      RF to the R, Recover on RF  
7 & 8                      Cross RF over LF, LF to the L, Cross RF over LF

**[25 – 32] ¾ TURN R, TRIPLE FWD, HEEL SWITCHES & TOE & HEEL &**

1 – 2                      ¾ Turn R – LF Back (9:00), ½ Turn R – RF Fwd (3:00)  
3 & 4                      LF Fwd, Together, LF Fwd  
5 & 6                      R Heel Fwd, RF next to LF, L Heel Fwd  
& 7                      Together, R Toe next to LF here Final : & ¼ Turn R (12:00) and finish the counts (7&8&)  
& 8                      RF next to LF, L Heel Fwd  
&                      Together ( Weight on LF)

**TAG ( 2 Counts)**

**BOUNCES X 2 : RF Fwd Tape R Heel Twice (weight on LF)**

**2nd Wall : Dance 16 Counts – TAG & Restart (Facing 9:00)**

**End of 7th Wall ( Facing 3:00) : Tag & Restart the dance from the beginning**

**Dance & Have fun !!!!**

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