

# I'm Alright

**COPPER** **NOB**  
BY STEPHEN T. S.

拍数: 32      墙数: 4      级数: Improver  
编舞者: Robert Spinnato (AUS) - 28 October 2024  
音乐: I'm Alright - Jo Dee Messina



Start .....18 counts then on Vocals. Weight on L Foot.

**Shuffle R step ½ turn, shuffle L step ½ turn**

1&2 -3-4      Shuffle RLR step FWD L½ turn  
5&6-7-8      Shuffle LRL step FWD R ½ turn

**Rock and vines R & L**

1-2-3&4      Rock R to side recover L, R behind L,L to side cross R over L  
5-6-7&8      Rock L to side recover R,L behind R,R to side step FWD L

**# Wall 3, 16 counts Tag and restart.**

**2 Rock ½ turn Chas**

1-2-3&4      Rock R FWD back on L ½ turn R cha cha RLR  
5-6-7&8      Rock L FWD back on R ½ turn L cha cha LRL

**Step pivot ¼ L cross rock, sides rock, back rock**

1-2-3-4      Step FWD R pivot ¼ L stepping on L, cross rock R over L recover L  
5-6-7-8      Step R to side recover on L, rock back on R recover L.

**Restart Dance**

**#2 count Tag end of Wall1**

**#Wall 6 Dance 30 counts**

**Tags and Restart**

At the end of wall 1.... 2 count Tag. Rock R to right side recover on L  
Wall 3, 16 counts. Tag 2 step ½ turns on R, then sway hips or rock R / L  
restart as wall 4

**Wall 6, Dance 30 counts only and restart Dance.**

**End Dance.....first 8 counts.**