

Falling Like a Stone

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kim Liebsch (DK) - November 2024
音乐: Falling Like A Stone - Marc Atlas



Intro: 8 counts (appr. 10 sec.)

Start with weight on L foot

1 Restart: On wall 5 after 16 counts (*3:00)

Section 1 Back rock, step ½ turn step side, extended weave, cross rock ¼ turn

1-2 Rock back on R, recover on L 12:00
a3-4 Step fw. On R, make ½ turn L stepping fw. On L, step R to R side 3:00
5a6a Cross L over R, step R to R side, cross L behind R, step R to R side 3:00
7-8a Cross rock L over R, recover on R, make ¼ turn L stepping fw. On L 12:00

Section 2 Rock recover ball X 2, walk walk, step ½ turn, step ¼ turn

1-2a Rock fw. On R, recover on L, ball step R next to L 12:00
3-4a Rock fw. On L, recover on R, ball step L next to R 12:00
5-6 Walk fw. R, walk fw. L 12:00
7a-8a Step fw. On R, make ½ turn L stepping fw. On L, step fw. On R, make ¼ turn L stepping L to L side (*3:00) 3:00

Section 3 Rock recover, sailor step back with sweep, back rock, run ¾ turn

1-2 Rock fw. On R, recover on L 3:00
3&a4 Sweep/cross R behind L, step L to L side, step R to R side, step Back on L while sweeping R 3:00
5-6 Rock back on R, recover on L 3:00
7&a8 Run ¾ turn R-L-R-L 6:00

Section 4 Walk walk, cross back back cross, side rock, behind ¼ turn, rock recover

1-2 Walk fw. R, walk fw. L 6:00
3&a4 Cross R over L, step back on L, step back on R, cross L over R 6:00
5-6 Rock R to R side, recover on L 6:00
7a-8a Cross R behind L, make ¼ turn L stepping fw. On L, rock fw. On R, recover on L 3:00

Ending: Make ¼ turn R stepping R to R side (after wall 7)
(Contact: Kimliebsch on Instagram and liebsch@ymail.com)

Good Luck & N'joy!