

Sail Over Seven Seas

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 2 级数: Beginner
编舞者: Indah Parahita (INA) - November 2024
音乐: Sail Over Seven Seas - Gina T.



SECTION 1 WEAWE, WALK R,L, PIVOT 1/4L

1,2 &3 Step RF fwd , cross LF over RF , step RF to R , cross LF behind RF
4&5,6 Sweep RF behind LF,step LF to L side,Step RF fwd, steo Lf fwd
7,8 Step RF fwd, Turn ¼ L LF in place

SECTION 2, CROSS OVER, CROSS BEHIND, ROCK FWD, COASTER STEP, ROCK FWD N TURN ¼ L

1&2& Cross RF over LF,step LF to L, Cross RF behind Lf, Step Lf To L
3,4 Step RF fwd,recover on L
5&6 Step LF back, step Rf beside LF, Steo RF fwd
7&8 Step LF fwd, recover on R step LF to ¼ turn L ,Lf side

SECTION 3 CROSS OVER, CROSS BEHIND, CROSS ROCK, CHASSE, CROSS ROCK

1&2& Cross RF over Lf, step Lf to L, crass RF behind LF , Step Lf to L
3,4 Cross rock Rf over LF recover
5&6 Step Rf to R, Close LF beside RF, Step RF to R
7,8 Cross Lf Over RF, recover

SECTION 4 ROLLING VINE L, R

1234 make ¼ turn L, Lf fwd, make ½ turn L, Rf back, make ¼ turn L step LF to L, close RF beside LF (4)
5678 make ¼ turn R, RF fwd, Mke ½ turn R, LF back, Make ¼ turn R step RF to R, Close LF beside RF

REstart on wall 3 after 4& count (12.00)

Restart on wall 5 after 16 count (06.00)

Restart on wall 8 after 8 count (06.00)

Happy Dancing