Country Is For Me

拍数: 32

级数: Low Intermediate

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音乐: COUNTRY IS FOR ME - James Johnston & Appel

Intro: 16 counts Start with weight on R foot

Restarts: 2 Restarts. Wall 4- after 16 counts. Wall 8 - after 20 counts Tag: After wall 7, facing 12:00.

[1 - 8] Sailor step, Heel switches R, L, Scuff R, Cross, Full turn unwind

- 1&2 Step left behind right, step right to right, step left in place
- 3&4 Touch R heel forward, Close RF next to LF, Touch L heel forward
- &5-6 Close LF next to RF, Scuff RF fwd, Cross RF over LF
- 7 8 Full turn unwind over L shoulder

[9 - 16] R side touch, L side touch, clap X2, Heel Split, Apple jack

- 1 2 Step R to R side (Rolling hips back from L to R), touch LF next to RF (Click R hand above head)
- 3 4 Step L to L side, Close RF next to LF (Click L hand above head)
- 5&6 Clap above head X2 (Keep hands above head for apple jacks), Split heels apart (Keeping toes together - preparing for apple jacks)
- * Bring R heel to L heel while L toes fan out, move R heel out while fanning L toes back in 7&8 (back in original heel split position), Bring L heel to R heel while R toes fan out

*On restart replace counts 6 – 7&8 with: Additional clap above head, Stomp R next to L, Stomp L next to R, Stomp R to R side

[17 - 24] Sailor step, Sailor step, Ball step, Drag, 3/4 pivot turn

- * Step right behind left, step left to left, step right in place 1&2
- 3&4 Step left behind right, step right to right, step left in place
- &5-6 Close R next to L (Weight on R), Big step L on LF, Drag RF to LF
- 7 8 Make a ¼ L stepping RF fwd (9:00) . Shifting weight from R to L with a 1/2 turn over L shoulder

*On restart replace counts 3&4 with: Stomp L next to R (3), Stomp R to R side(4)

[25 - 32] Full turn , Ball cross, Hold, Point R, L, Sailor 1/2 heel

- 1 2 Step RF back making a 1/2 turn over L shoulder, Step LF fwd making a 1/2 turn over L shoulder (3:00)
- &3 4 Step RF next to LF, making a ¼ turn L – Cross LF over RF, Raise R hand up to the side Point R to R side swinging R hand down above L knee, Close RF to LF bringing R hand in 5&6 front of chest, Point L to L side swinging hand down next to R leg
- 7 8 Cross LF behind RF, Making a ¹/₂ turn over L shoulder - Step RF to R side, Touch L heel forward to L diagonal (Keeping weight on RF and bringing arms to a natural position)

Start Again!

Tag (after wall 7)

[1 - 6] Side touch, Side touch, Clap X2

- 1 2 Step L to L side, touch RF next to LF (Clap hands above head)
- 3 4 Step R to R side, touch LF next to RF (Clap hands above head)
- 5 6 With hands already above head, Clap X2





墙数:2