

Beautiful U

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Philip Victor Ongert (USA) - November 2024
音乐: Beautiful As U (VAVO Remix) - Thomas Rhett & VAVO



Intro: 32 counts, start on second verse
No Tags / No Restarts

High Improver Steps (Intermediate Styling Options Below)

[1-8] Walk Back x2, Coaster Step, Step, Hitch, Triple Step Fwd

1,2 Walk RF back [1], Walk LF back [2]
3&4 Step RF back [3], Step LF back/together w/ RF [&], Step RF fwd [4]
5,6 Step LF fwd [5], Hitch R Knee fwd (toward 12:00) [6]
7&8 Step RF to R Side [7], Step LF next to RF [&], Step RF fwd [8] (12:00)

[9-16] Step, ¼ L Sweep, Cross Shuffle, Side Rock Recover Together, Side Rock Recover

1-2 Step LF fwd (toward 11:00) as RF Sweeps back to front - turning ¼ L [1], continue RF Sweep [2] (9:00)
3&4 Step RF across LF [3], Step ball of LF slightly to L [&], Step RF across LF [4]
5-6& Rock LF to L side [5], Recover weight on RF [6], Step LF beside RF [&]
7-8 Rock RF to R side [7], Recover weight on LF [8] (9:00)

[17-24] Weave, Heel Grind ½ Turn L, Coaster Step, Walk x2

1&2 Cross RF behind LF [1], Step LF out L [&], Cross RF in front of LF (toward 7:30) [2]
3-4 Step L Heel fwd (toward 6:00) & grind/pivot turning ½ L [3], Step back on RF [4] (12:00)
5&6 Step LF back [5], Step RF back/together w/ LF [&], Step LF fwd [6]
7,8 Walk RF fwd [7], Walk LF fwd [8] (12:00)

[25-32] Dorothy Step R, Step Diag, ¼ R Low Kick, Rock Recover, ½ L Pivot

1, 2& Step RF fwd to R diagonal [1], Lock LF behind RF [2], Step RF to R diagonal [&]
3, 4 Step LF fwd to L diagonal [3], turning ¼ R - Low Kick RF (toward 3:00) [4]
5-6 Rock RF back (toward 9:00) [5], Recover onto LF [6] (3:00)
7-8 Big Step/Press RF fwd [7], Pivot ½ turn L (weight onto LF) [8] (9:00) (9:00)

*** Please be aware of people dancing around you. Some may be trying the turns, moving towards the 3:00 wall more than with this ending pivot.**

< Intermediate Styling >

[1-8] Sweep x2, Coaster Step, Step, Hitch Full Turn R, Triple Step Fwd

1, 2 Step RF back as LF Sweeps front to back [1], Step LF back as RF Sweeps front to back [2]
3&4 Step RF back [3], Step LF back/together w/ RF [&], Step RF fwd [4]
5, 6 Step LF fwd (toward 1:00) prep for R turn [5], Hitch R Knee while Full turn R - turning on LF - turn ends facing 12:00 [6] (similar to a Pirouette, or the feeling in Country Girl Stomp)
7&8 Step RF to R Side [7], Step LF next to RF [&], Step RF fwd [8] (12:00)

[9-16] Step, ¼ L Sweep, Cross Shuffle, Side Rock Recover Together, Side Rock Recover

1-2 Step LF fwd (toward 11:00) as RF Sweeps back to front - turning ¼ L [1], continue RF Sweep [2] (9:00)
3&4 Step RF across LF [3], Step ball of LF slightly to L [&], Step RF across LF [4]
5-6& Rock LF to L side [5], Recover weight on RF [6], Step LF beside RF [&]
7-8 Rock RF to R side [7], Recover weight on LF [8] (9:00)

[17-24] Weave, Heel Grind ½ Turn L, Coaster Step, Camel Walk x2

1&2 Cross RF behind LF [1], Step LF out L [&], Cross RF in front of LF (toward 7:30) [2]

3-4 Step L Heel fwd (toward 6:00) & grind/pivot turning ½ L [3], Step back on RF [4] (12:00)
5&6 Step LF back [5], Step RF back/together w/ LF [&], Step LF fwd [6]
7,8 Walk RF fwd while popping L knee [7], Walk LF fwd while popping R knee [8] (12:00)

[25-32] Dorothy Step R, Step Diag, ¼ R Low Kick, Rock Recover, 1 ½ Turns

1, 2& Step RF fwd to R diagonal [1], Lock LF behind RF [2], Step RF to R diagonal [&]
3, 4 Step LF fwd to L diagonal [3], turning ¼ R - Low Kick RF (toward 3:00) [4]
5-6 Rock RF back (toward 9:00) [5], Recover onto LF [6] (3:00)
7-8 ½ Turn L Stepping RF back (9:00) [7], ½ Turn L Stepping LF fwd (3:00) [8], ½ Turn L
Stepping RF back (9:00) [1] (to Start from the top on your new wall) (9:00)

*** Please be aware of people dancing around you. Some may be doing a pivot rather than the turns, moving towards the 3:00 wall less than with these turns.**

Have fun with it! Try some of the Improver steps & Intermediate...mix it up. Live in the moment, be good to each other, and share your love of dance!

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