

Arranmore Shuffle

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Alex Evans (UK) - November 2024
音乐: Earthquake - Ronnie Milsap



#32 Count intro

Step Forward, Step Back, Left Grapevine

- 1 - 4 Step left foot forward, touch right instep behind left heel. Step right foot backwards, touch left toe next to right instep.
- 5 - 8 Step left foot to left side, cross right foot behind left, step left foot to left side, touch right foot next to left.

Step Forward, Step Back, Right Grapevine with 1/4 Turn Right

- 9 - 12 Step right foot forward, touch left instep behind right heel. Step left foot backwards, touch right toe next to left foot.
- 13 - 16 Step right foot to right side, cross left foot behind right. step right to right side making a 1/4 turn to the right, step left foot next to right.

Pidgeon Toes, Monterey Turns

- 17- 20 Split heels apart, close heels together. Split heels apart, close heels together.
- 21 - 24 Touch right foot to right side, making a 1/2 turn to the right step right foot next to left. Touch left foot to left side, step left foot next to right
- 25 - 28 Touch right foot to right side, making a 1/2 turn to the right step right foot next to left. Touch left foot to left side, touch left foot next to right

Left Shuffle, Right Shuffle, Pivot Turn, Left Shuffle

- 29&30 Step forward on left foot, slide right foot next to left, step forward on left foot.
- 31&32 Step forward on right foot, slide left foot next to right, step forward on right foot.
- 33 - 34 Step forward on to right foot, pivot 1/2 turn on right taking weight onto right foot.
- 35&36 Step forward on left foot, slide right foot next to left, step forward on left foot

Jazz Box

- 37 - 40 Cross right foot over left, step back on left foot, step right foot to right side. step left foot next to right. Right Hook, Left Hook
- 41 - 44 Touch right heel forward, cross right foot in front of left shin, touch right heel forward, step right foot next to left.
- 45 - 48 Touch left heel forward, cross left foot in front of right shin, touch left heel forward, touch left foot next to right foot.

START AGAIN
