

Ren Sheng Bu Yi Bie Wei Qu Zi Ji (人生不易别委屈自己) Remix

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Yuliana Chang (INA) - November 2024
音乐: Ren Sheng Bu Yi Bie Wei Qu Zi Ji (人生不易别委屈自己) Remix



No Restart

6 Tags at the end of wall 2,6,7,11,13,14

Tag : V step, Jazzbox

1-2 Step Rf to R diagonal (1), Step Lf to L diagonal (2)
3-4 Step Rf back to center (3), Step Lf next to Rf (4)
5-6 Cross Rf over Lf (5), Step Lf on Backwards (6)
7-8 Step Rf to R side (7), Cross Lf over Rf (8)

Sec 1 : Diagonal Fwd

1-2 Step Rf diagonal fwd (1), Step Lf behind Rf (2)
3-4 Step Rf diagonal fwd (3), Touch Lf behind Rf (4)
5-6 Step Lf diagonal fwd (5), Step Rf behind Lf (6)
7-8 Step Lf diagonal fwd (7), Touch Rf behind Lf (8)

Sec 2 : Fwd, ½L-in place, Fwd Shuffle - Recover, Back, Side, Touch

1-2 Step Rf fwd (1), ½ turn L-Step Lf in place (2) facing 4.30
3&4 Step Rf fwd (3), Step Lf next to Rf (&), Step Rf fwd (4)
5-6 Recover on Lf (5), Step Rf back (6)
7-8 Step Lf to L side (7), Touch Rf next to Lf (8) facing 3.00

Sec 3 : Cross Point (4x)

1-2 Cross Rf over Lf (1), Point Lf to L side (2),
3-4 Cross Lf over Rf (3), Point Rf to R side (4)
5-6 Cross Rf behind Lf (5), Point Lf to L side (6)
7-8 Cross Lf behind Rf (7), Point Rf to R side (8)

Sec 4 : Cross Rock, Chasse - Cross, Side, ½ L- Side, Touch

1-2 Cross Rock Rf over Lf (1), Recover on Lf (2)
3&4 Step Rf to R Side (3), Step Lf next to Rf (&), Step Rf to R Side (4)
5-6 Cross Lf over Rf (5), Step Rf to R side (6)
7-8 ½ turn L-Step Lf to L side (7), Touch Rf next to Lf (8)

Good Luck & Enjoy It □□□□□□□□□□
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